

Teaching your child how to wipe her bottom

Step by step guide to teaching your daughter how to wipe her bottom. Make sure she can get to the toilet paper. Place your hand over her to help at first and then keep helping until she gets the hang of it.

Use these prompts.



Get toilet paper



Tear off the paper



Roll paper into hand



Reach to bottom



Wipe from front to back



Check if paper is clean



Drop paper into toilet



Keep wiping with fresh paper until it is clean



Flush toilet



Wash hands