

NEWSLETTER

Living Well Derbyshire Derby Wellbeing

Transforming community mental health services for adults in Derby and Derbyshire

Working together for the people of Derby and Derbyshire

The Living Well programme team would like to thank the Experts by Experience Forum for sharing their insight and experience to help with the development of the new GP posters.



If you would like a copy of either the Derby Wellbeing or Living Well Derbyshire posters, please email dhcft.engagement@nhs.net

Work Your Way (IPS employment service)

People using Living Well Derbyshire/Derby Wellbeing services are eligible to access Derbyshire Healthcare's 'Work Your Way' employment service. A team of employment specialists and peer support workers are there to support people with all aspects of finding paid employment, including writing a tailored CV, interview practice, undertaking a 'better off' calculation to look at finances, confidence building, route planning, as well as application completion. Find out more by visiting www.workyourway.net



Updates

- The Living Well service in North East Derbyshire & Bolsover launched in January
- Amber Valley and Erewash are due to launch this month (February)
- Derbyshire Dales and South Derbyshire will launch their services in March.

Did you know...

People using the Derby Wellbeing service can **self-refer back in for up to a year after discharge**. This means people won't have to revisit their GP and can seamlessly enter back into the service.

People will receive the full details in a letter or as part of the 'moving on' paperwork.

Get involved - the collaboratives need you!

Each local area has a collaborative, which is a group that includes people with lived experience of mental health difficulties, health colleagues, the voluntary sector, local authority, commissioners and providers - all working together reimagine the future of community mental health and look after the health and wellbeing of their local community. They meet once a month to explore local services and challenges, and to discuss issues such as how Living Well can tackle health inequalities and connect to local communities.

People who have an interest in health in their local area are welcome to join the meetings. To find out more, please contact Ellen Parr, Commissioning Manager, on ellen.parr1@nhs.net

Find out more!

For further information, please visit
www.livingwelderbyshire.org.uk
or follow us on Twitter [@Livingwellteams](https://twitter.com/Livingwellteams)