

## Autism Spectrum Disorder Resources-Derby City

**Early Support:** Information about autism spectrum disorders (64 page booklet) – downloadable at:

[www.councilfordisabledchildren.org.uk/help-resources/resources/early-support-information-autistic-spectrum-disorders](http://www.councilfordisabledchildren.org.uk/help-resources/resources/early-support-information-autistic-spectrum-disorders)

**Local offer (Derby City) -** [Derby's SEND Local Offer - Derby City Council](#)

**For information regarding education:** [www.derbyshire.gov.uk/autism](http://www.derbyshire.gov.uk/autism)

**Information on ASD on the Clinical Psychology website University Hospitals of Derby and Burton NHS Trust-** [Children's Clinical Psychology | University Hospitals of Derby and Burton NHS \(uhdb.nhs.uk\)](#)

**Umbrella** - a support group that supports children and young people aged 5 to 30 with any special need, including physical, sensory, learning & behavioural disabilities and additional needs. website : [www.umbrella.uk.net](http://www.umbrella.uk.net). Email: admin@umbrella.uk.net. Telephone 01332 785658

1. Ronnie MacKeith Centre, Royal Derby Hospital, Uttoxeter Road, Derby, DE22 3NE. Open 9.30am to 3.30pm.
2. Umbrella House, 64 Birdcage Walk, Mackworth, Derby, DE22 4LD. Open 9.00am to 4.00pm
3. Amber Valley
4. Erewash

**SENDIAS (SEND Information advice and support service)-** Provide independent information, advice and support to children and young people with special educational needs and disabilities (SEND), as well as their parents and carers. This includes Autism, Aspergers, ADHD, Dyslexia or any other special educational need. They also support children, young people and parents affected by exclusion from school.

**Derby city:** <https://derbysendiass.org.uk/>

**STePS (Specialist Teaching and Psychology Service)- Derby City**  
<https://schoolsportal.derby.gov.uk/steps/specialist-teaching-service/>

**Derbyshire parent partnership-** [www.derbyshireparentpartnership.co.uk](http://www.derbyshireparentpartnership.co.uk)

**Parent Carers Together** [Home - Parent Carers Together](#)

**Cartoon Heroes-** Parent carer support group for carers of children 0-24 years old. Regular support groups with specialist free speech and language, audiology and holistic workers attending – <http://www.cartoonheroes.co.uk> for more details (**Derbyshire and Derby City area**)

**Sunshine support** – Parent Carer support group, training and advice from specialist services for Carers of children up to 25 years old - <http://www.sunshinesupport.org.uk> (**Derbyshire and Derby City areas**)

**NAS Derby and District branch** - Autism support and information – 07500089571 or email DerbyandDistrict@nas.org.uk (**Derbyshire and Derby City**)

**DASG (Derbyshire Autism Service)** - Parent Carer support, siblings support, care provider service for children and adults with Autism spectrum conditions – <http://www.derbyshireautismservices.org> or 01773 741221. (**Derbyshire area including Buxton**)

### **Autism East Midlands**

Providing support to families across the region from Nottinghamshire and Derbyshire through to Leicestershire, Lincolnshire, and Northamptonshire. Offer family hubs and parent workshops.

[www.autismeastmidlands.org.uk](http://www.autismeastmidlands.org.uk) Tel: 01909 506 678 Email: [enquiries@aem.org.uk](mailto:enquiries@aem.org.uk)

**CROAK Carers** – Parent carer support groups/activities for children/young people on the autistic spectrum/ADHD - 07568196968 and facebook group (**Erewash area**)

**Special Needs Circle** – support groups, workshops/training sessions for parent carers of children and young adults 0-25 years old – <http://www.specialneedscircle.co.uk> (**county wide**)

**Frantic Families** – Parent Carer support group ASD/ADHD - [leigh.morton@talktalk.net](mailto:leigh.morton@talktalk.net) /[traceygoodrum@talktalk.net](mailto:traceygoodrum@talktalk.net) (**Amber Valley/Nottinghamshire areas**)

**Fairplay** – Parent carer support and care provider service for children and adults with disabilities - <http://www.fair-play.co.uk> or 01246 203963 - (**Chesterfield and North County area**)

**PAN** – Support and advocacy for parent carers of children – <http://www.parentingadditionalneeds.org.uk> (**Chesterfield/North and Derbyshire Dales area**)

**Autism, Aspergers and ADHD support group** – support group – 01298 72965 or [www.grapevinebuxton.org.uk](http://www.grapevinebuxton.org.uk) (**Buxton area**)

**Derbyshire Carers Association** - Parent Carer support for those with children over the age of 18 years old across the whole County – <http://www.derbyshirecarers.co.uk> or 01773 833833

**How to write social stories-** <https://www.autism.org.uk/about/strategies/social-stories-comic-strips.aspx>

**Action for Children; Build Sound Minds Derby and Derbyshire** - Action for Children are very pleased to announce that, in partnership with Derbyshire Federation for Mental Health, we will be providing a new comprehensive early intervention offer to children and young people aged 0-17 who are experiencing mild to moderate mental health difficulties <https://services.actionforchildren.org.uk/derbyshire/build-sound-minds/>

**Derby and Derbyshire emotional health and wellbeing-** [Derby & Derbyshire - Emotional Health & Wellbeing \(derbyandderbyshireemotionalhealthandwellbeing.org.uk\)](http://www.derbyandderbyshireemotionalhealthandwellbeing.org.uk)

**Parent sensory groups- understanding sensory skills.** You can contact the team via:

Telephone: 0300 123 4586 Option 2 then Option 5 or

email on: [dmh-tr.therapyenquiries@nhs.net](mailto:dmh-tr.therapyenquiries@nhs.net)

## **National**

National Autistic Society <http://www.autism.org.uk/> Helpline 0808 800 4104.  
Also includes leaflets on understanding autism, children on the spectrum, I am autistic  
(<http://www.autism.org.uk/about/what-is/asd.aspx>)

National Autistic Society (NAS) EarlyBird schemes for children up to 8 Tel 01522 554673

NAS *help!* Programmes Tel 07425624592 email [help@nas.org.uk](mailto:help@nas.org.uk) A series of one day family support seminars providing information and advice to families of children and young people affected by autism.

National Autistic Society Parent to Parent Service  
Tel 0808 800 4106

Family Lives  
Freephone 0808 800 2222 or email [www.familylives.org.uk](http://www.familylives.org.uk)

Useful health and wellbeing information in an easy read format <http://easyhealth.org.uk/>

NHS Choices Caring for someone with Autism  
<http://www.nhs.uk/Livewell/Autism/Pages/Helpparentscarers.aspx>

Foundation for People with Learning Disabilities <http://www.learningdisabilities.org.uk/>

Contact a Family <http://www.cafamily.org.uk/> Helpline 0808 808 3555

Disability Rights UK <http://www.disabilityrightsuk.org/> Telephone 020 7250 3222

Department for Work and Pensions <http://www.dwp.gov.uk/>

National Parent Partnership (with links to local offices) <http://www.parentpartnership.org.uk/>

Citizens Advice Bureau <http://www.citizensadvice.org.uk/>

## **Accepting Behaviour**

Accepting Behaviour is a specialist advisory and outreach education service. We are a small group of specialist teachers working independently with local authorities, schools and families who are supporting autistic children and those with social communication/interaction differences.

[www.acceptingbehaviour.com](http://www.acceptingbehaviour.com)

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## **Autism Spectrum Disorder**

### **Book List**

The Autistic Spectrum by Lorna Wing ISBN: 0094751609

Asperger's Syndrome: A Guide for Parents and Professionals by Tony Attwood. ISBN: 185302577

The Autism Handbook Ed: Andrew Nyle NAS ISBN 978189902080247

Autism and Asperger's Syndrome Ed: Uta Frith ISBN 052138608x

A life Behind Glass by Wendy Lawson. ISBN 1875855319

Freaks Geeks and Asperger's Syndrome by Luke Jackson ISBN 1 843100983

My Family is Different by Caroline Brock ISBN 978 1 905722 30 3

The Social Skills picture book by Jed Baker phd ISBN-13 978-1-885477-91-0

Aspergirls by Rudy Simone

[Children's Book Author | Shine Books \(shine-books.com\)](http://shine-books.com) a series of books about characters with Neurodevelopmental disorders

[The Girl With The Curly Hair - Autism Training, Animations, Books](#) The curly hair project is an organisation that helps people on the autistic spectrum and the people around them, founded by autistic author Alis Rowe.