

Connections

.....
November 2022, edition 13



Updates on our services

INSIDE...

- 'Looking forwards' arts and crafts competition – **p4, 5 & 6**
- Our employment service for people using our community mental health services – **p7**
- Spotlight on our children's mental health service, CAMHS – **p8**
- Join us as a governor – **p13**



DHCFT



@derbyshcft

www.derbyshirehealthcareft.nhs.uk



Making a
positive
difference

Welcome...

...to the latest issue of **Connections**.

In this issue we have a lot to celebrate.

The winners of the Trust's arts and crafts competition, which focused on the theme of 'looking forwards', were announced at the Trust's Annual Members Meeting (AMM) in September.

The entries received were amazing, with people sharing their hopes for the future after the challenges faced during the restrictions of the COVID-19 pandemic. You can read about the AMM on page 3, and see the winning artwork on pages 4 - 6.

The theme of our AMM was 'building the future' and included a focus on the involvement of service users and experts by experience in our services. This edition continues with that theme – find out how we value involvement from service users and experts by experience on pages 7 - 10. We appreciate everything they do in helping us to improve and develop our services.

We have recently been busy attending awards ceremonies – find out about the awards we have won on page 11.

If you would like to join us on our journey, I encourage you to consider standing in the forthcoming public governor elections in the areas where there are vacancies. You can always check which membership area you live in by calling



Selina Ullah, Trust Chair

the Membership Office on 01332 623723. Governors are volunteers and many have said how rewarding they find the role – see page 13 to find out more.

I hope you find the articles interesting and useful – and I look forward to your comments and feedback.

Best wishes

Selina

**Selina Ullah
Trust Chair**

Queen's Memorial

The Trust paid tribute to Her Majesty Queen Elizabeth II in the Trust's memorial garden on 16 September 2022.

Colleagues came together both in person and online to remember the Queen's life of service and her support of the NHS. Phil Toker (pictured right), on behalf of the Trust's Armed Forces Network, laid a wreath at the tree of reflection and celebration.





Reflecting on our AMM



The Trust's Annual Members Meeting (AMM) took place virtually on Wednesday 21 September and was a huge success with really positive feedback. Attendees particularly liked the input from experts by experience, and the finalists' artwork which was displayed on screen when the winning entries were announced.

The meeting began with an update on our new-build hospitals which are under construction in Chesterfield and Derby. This focused on the therapeutic benefits for our service users, and how service users were involved in the design of the new builds (find out more on page 9). This was followed by showcasing the Trust's 'Work Your Way' employment service which supports service users in getting back into work; there were testimonies from two service users who are now peer support workers in the service, helping others find work (see page 7).

Directors and governors summarised key points of the Trust's performance including:

- Ongoing challenges of the COVID-19 pandemic
- Increase in people using our services
- The Trust's Annual Report and Accounts
- The refreshing of our vision and values
- Recent achievements including:
 - Planning permission granted for our new builds in Chesterfield and Derby
 - Reduction in inappropriate out-of-area adult acute hospital placements
 - Rolling out of our new electronic patient record across our services
 - Working with partners in our East Midlands-wide Mental Health Learning Disabilities and Autism collaborative
 - Working with our partners within the local health and care economy
- Priorities for the 2022/23 financial year.

The AMM formally adopted the Trust's Annual Report and Accounts, which can be viewed on the Trust's website www.derbyshirehealthcareft.nhs.uk under 'about us', 'who we are', 'annual report'.

Annual Members Meeting 2023

The AMM for 2023 will take place in September 2023. Further information, along with the date of the event, will be shared with members nearer the time. It is hoped that this will be a face-to-face event in Derby.





Like us on Facebook facebook.com/dhctf

Taking hope from art

The Trust-led arts and crafts competition illustrates how art and creativity can improve your wellbeing.

Our 'looking forwards' arts and crafts competition was launched in May and was open to service users, carers, Trust members, partner organisations and the voluntary sector. The aim was for people to share their hopes for the future now that many of the restrictions related to COVID-19 have been eased – and at the same time help raise awareness of our services and challenge health stigmas.

The entries were judged by Marie Hickman, our Library and Knowledge Manager and staff governor; Noel O'Sullivan, a volunteer, expert by experience and member of the Trust's Equal Forum; and Kate Smith, an award-winning illustrator and volunteer.

The winners were announced at the Annual Members Meeting (see page 3).



First prize to:

Celia Brookes

'Jumping for joy'

Judges' comment:

"This painting is full of movement and vibrancy. It depicts joy and a sense of leaping into a brighter future."





Second prize to:

Janina Finch

'Finally going to the beach'

Judges' comment:

"What a fun and happy image, it made us all smile. We wanted to visit the scene and paddle in the sea – it is so tempting as it sparkles and shimmers. This was something we are all looking forward to – going on holiday and swimming in the sea."



Third prize to:

Tom Porritt

'Together'

Judges' comment:

"The sentiment behind this drawing rang true with us all. Having the words 'together' written in different languages is really inclusive. The image of the woman looking thoughtful and pensive is beautiful. She is looking up at the light as if she is looking towards a brighter future."



The following people were ★★ awarded ‘highly commended’:



Shealeigh Clarke
'Moving forwards'



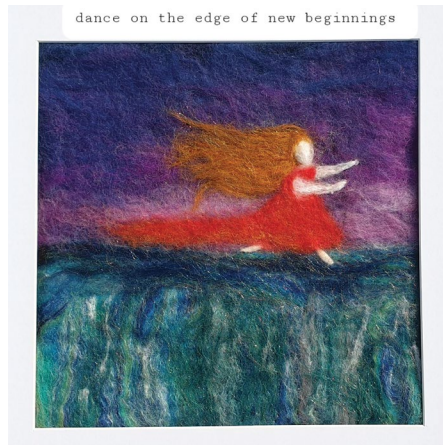
Denise Dell
'Looking forwards to a clearer dawn'



Margaret Foulkes
'Wherever we go (peace)'



Tracie Mason
'Mother Nature's Angel'



Amanda Lord
'New beginnings'



Amber Bullock
'No more masks'

The winners and highly commended were awarded with certificates and arts and crafts vouchers. You can view all the entries to the competition on the Trust website www.derbyshirehealthcareft.nhs.uk under 'get involved'.

Thank you to everyone who entered our competition, it was a privilege to receive them all.

Creativity and recovery

Carolyn Green, Interim Deputy Chief Executive and Chief Nurse quoted the following from Artwell Art Therapy: "Art allows the unspeakable to be spoken" and said "Art is a great healer. Using our artistic talents to release our thoughts is a key to our own wellbeing. Not all of us are artistic but there are many people who think and express their feelings through art. The entrants from this year's arts and crafts competition were incredibly moving. Thank you to everyone for taking the time to enter. We will be reproducing the winning entries to display in our facilities."





A focus on our 'Work Your Way' employment service



The Trust's 'Work Your Way' employment service helps people using community mental health services in Derbyshire to find work and stay in work, because we know that having a job can help people get well and stay well.

"Our aim is to help people find the right job: one that suits their ambitions, talents, skill set and needs," says Samantha Parr, Work Your Way's service manager. "When we receive a referral from the mental health team, we call the person or meet with them and their referrer."

"So far, we have supported over 200 people to find a job of their choice and helped them to stay in work, sometimes changing jobs or being promoted and sometimes staying in the same role."



Samantha says the peer support workers employed by the service are invaluable. "They have lived experience and so are able to support people with high levels of anxiety, people who may lack independence or people who may not understand the world of work. They work closely to allay those fears and look at the clients' concerns with real empathy."

Meet Rosie and Laura, Peer Support Workers

Both Rosie May and Laura Hawksworth were employed by the service to work as Peer Support Workers. Here's what they have to say:

Rosie said: "The service helped me in so many ways. For me, it wasn't just about getting a job; it was about building my confidence and being able to go places alone and not feel anxious about it. The service also helped me with identifying my skills and writing a CV."

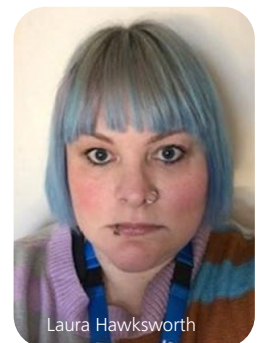
"Working has given me routine back in my life and a sense of purpose too. Being in the job I'm in has helped my mental health; I feel the most motivated I have felt in a long time. When I am supporting clients, and helping them reach their goals, I feel like I am really achieving something positive."

Laura said: "My Occupational Therapist suggested that they refer me to the service. At the time I wasn't sure as I felt unwell with little confidence. However, my long term goal was to get into work. The employment specialist was really helpful and found out what I was interested in."

"A vacancy in the service came up for a peer support worker and my employment specialist helped me through the application and interview process. I had worked as a peer support worker on a voluntary basis prior to being ill, and really enjoyed it. I was thrilled to be appointed as a peer support worker for the service – I went from being unemployment and feeling that my future was bleak to getting a job that I absolutely love."



Rosie May



Laura Hawksworth



You can find out more about our 'Work Your Way' employment service by visiting www.workyourway.net



Like us on Facebook [facebook.com/dhctf](https://www.facebook.com/dhctf)

A spotlight on CAMHS

For World Mental Health Day (10 October), the Trust's [Child and Adolescent Mental Health Service \(CAMHS\)](#) held an open day event at Temple House in Derby. The event was organised by the service's [Young Persons Participation Group \(CYPPG\)](#) and the CAMHS Parent Experts by Experience – reflecting the importance of co-production within the service.

The event showcased services across CAMHS, as well as other local services. The open day was organised so that young people and their families could find out more about accessing mental health services in a friendly and informal setting.

Here's what two of the organisers said about their involvement:

Em (aged 15) said, "I joined the CYPPG to help other young people to feel comfortable about going to CAMHS. I know how worrying it can feel when being referred to a service because you are unwell; and I wanted to make sure that other young people felt comfortable by telling them what it was like.

"I also wanted to spread awareness about the service and what it can do to help you. I helped to organise the event and also volunteered to help on the day – I really enjoyed talking to other people about the service and taking part in the workshops."



Sarah Hutchins, CAMHS Expert by Experience, helped the young people to organise the event. Sarah said: "Our young people are amazing, they wanted to raise awareness of mental health by organising an interactive event. It is really important that we ensure that

young people and their families feel safe and comfortable when they come to CAMHS. We want to make sure that they know what to expect and that we are here to help."



Thank you to all our young people and experts by experience who organised this successful event. Money raised is being donated to Sahara Mental Health and the CYPPG.



To find out more about our children's services visit the Trust website www.derbyshirehealthcareft.nhs.uk and look under 'services', 'children's services'.

Temple House open day: the feedback

"Really useful help and advice. That will make a difference to our pupils."

"Loads of sweets. Very calm sessions. Very good at explaining and is cool. Tips are very good. Izzie was very nice and funny. Stalls were amazing."

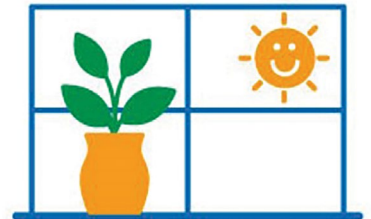
"Caring, friendly, amazing! Smiling people, lots on offer. Great to see so many young people."

Updates on our service developments

Making Room for Dignity programme

Last month, in the members e-bulletin, we wrote about our exciting new hospital build plans, including our adult acute inpatient units at Kingsway Hospital in Derby and the Chesterfield Royal Hospital site.

Making Room for Dignity



We are now well underway with the groundworks at both sites, having cleared the areas of unwanted soil to make way for the foundations. This part of the builds should be completed by late spring 2023 and following this, we will begin to see the assembly of the main framework of the buildings.

In September, the Making Room for Dignity programme support officer, who also has a lived experience of Trust services, Nick Richards, presented at the Trust's Annual Members Meeting (AMM) highlighting the therapeutic benefits the new hospital will give and the services it will offer, including therapy rooms, sensory rooms and outdoor therapy space.

Nick, along with the Making Room for Dignity programme team, also presented at the Institute of Healthcare Engineering and Estates Management (IHEEM) conference in Manchester on 4 October, emphasising the importance of service user involvement in the programme, which has included input into appropriate signage on the wards, style and safety of doors for increased privacy and dignity, ensuite facilities and general aesthetics in communal areas, including outdoor and therapy spaces. With the support of clinical staff and the involvement of service users and carers, Nick is now leading on the art features and installations for the new hospitals.

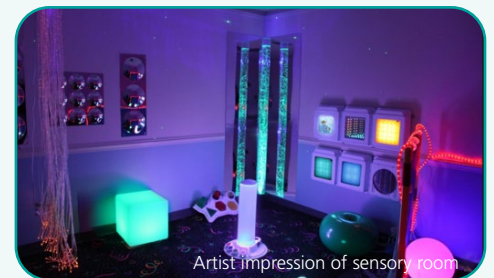
Nick said: "Service user involvement has been at the heart of the programme from the outset. With this in mind we've aimed to create an ethos of 'no decision about me, without me'. The input we've received from service users and carers has been invaluable in helping to create facilities that will truly meet the needs of our service users."

Geoff Neild, Making Room for Dignity Programme Director, described Nick's efforts as "inspirational", commenting: "Nick has helped to cement the relationships between the Making Room for Dignity programme team and our service users and carers. These relationships have strengthened the facilities and services we can develop and offer to those who need them, helping the Trust to provide therapy-based services in dignity-led environments."

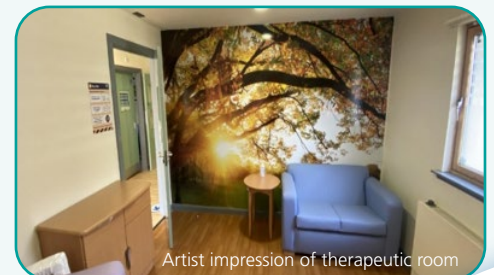
To find out more visit the Trust website www.derbyshirehealthcareft.nhs.uk under 'services', 'service developments'



Nick Richards is ensuring that service user involvement is at the heart of the programme



Artist impression of sensory room



Artist impression of therapeutic room



Like us on Facebook facebook.com/dhcft

The Trust's lead role in the future of perinatal mental health services

Perinatal mental health problems are those which occur during pregnancy or in the first year following the birth of a child, affecting up to 20% of women. They may be ongoing mental health issues that a mother may be already aware of, or they may be mental health problems that are triggered during pregnancy or after birth. If left untreated, they can have significant and long-lasting effects on the woman, child and the wider family.

In the East Midlands, we are working to develop a perinatal mental health provider collaborative. Establishing NHS-led provider collaboratives is a key part of the [NHS Long Term Plan](#) and involves an agreement by a group of organisations providing specialised mental health, learning disability and autism services to work together to improve the care pathway for their local population.



Our Trust is the proposed lead provider for this perinatal collaborative – this means that we take overall lead on coordinating the development of the programme, but all partners work collaboratively in joint decision making.

The partners in the East Midlands Perinatal Mental Health Provider Collaborative are:

- Derbyshire Healthcare NHS Foundation Trust (Lead Provider)
- Leicestershire Partnership NHS Trust
- Lincolnshire Partnership NHS Foundation Trust
- Northamptonshire Healthcare NHS Foundation Trust
- Nottinghamshire Healthcare NHS Foundation Trust
- St Andrew's Healthcare.

We are involving service users and their families who have experience of our services (experts by experience) in all aspects of the collaborative's work to ensure our actions and plans are driven by the patient voice, and to co-produce our strategies and planning.



We have appointed a clinical lead, **Dr Rahul Gandhi**, Consultant Psychiatrist, whose role is to coordinate input from clinical and operational colleagues across the East Midlands. Dr Gandhi said:

“We see the development of the perinatal provider collaborative as a great opportunity to have the local ownership of services and involve clinical colleagues and experts by experience in all that we do, to deliver the best possible service for our service users and their families.”

Trust accolades

It has been an exciting time for the Trust lately as we have won a number of awards:

Our Specialist Vaccination Team in Derby have won two awards, the regional **NHS Parliamentary Award** and the **NHS England regional recognition and celebration award**. The awards recognised the team for providing a bespoke COVID vaccination service for people with severe mental illness, learning disabilities or autism.



Our Acute Adult Inpatient Occupational Therapy team, which supports people with acute mental health needs at the Hartington Unit in Chesterfield and the Radbourne Unit in Derby, have been presented with a **Derby City Dignity Award** for their ongoing commitment to promoting and delivering dignified services. The award recognises the team's commitment to involving patients in their care, treating patients with respect and raising awareness around dignity in the care of others by inspiring local action.

Clare Exton, a Community Mental Health Support Worker at the Trust, attended the 2022 [Women of the Year Luncheon and Awards](#) in recognition of her services to healthcare and the NHS. As well as being an important member of our older adult mental health services, known for using life stories and memory boxes to support older people, Clare has campaigned nationally to change the law around embryo fertilisation research to help those at risk of mitochondrial disease.



Simon Rose, a Lived Experience Educator at the Trust and a patient representative for the Royal College of Psychiatrists, has been awarded the prestigious **President's Medal** from the Royal College of Psychiatrists for his efforts to promote patient involvement in mental healthcare and psychiatry. Simon was recognised for his contributions around patient safety and for involving patients in the education of current and future doctors and psychiatrists – an area of expertise that Simon developed in his role as Lived Experience Educator within Derbyshire Healthcare's Medical Education department.

Anna Shaw, the Trust's Deputy Director of Communications and Engagement has won the **'Outstanding Contribution to NHS Communications'** award for her ongoing commitment to championing and further developing NHS communications. Anna has led the Trust's Communications and Engagement team for nearly nine years and has worked in NHS communications for over 18 years.



The Trust has also been shortlisted for 'Trust of the Year' at the 2022 HSJ Awards and will find out the result on 17 November. To find out more about these awards, visit the Trust website derbyshirehealthcareft.nhs.uk and look under 'about us', 'latest news'.



Like us on Facebook facebook.com/dhcftr

Our Council of Governors

The Trust's Council of Governors consists of 16 elected public governors and six elected staff governors alongside six representatives from local partners and councils (known as appointed governors).



Governor responsibilities

The Council of Governors performs an important role. It is responsible for representing the interests of the Trust's members, the public and partner organisations, in how the Trust is governed; and holding the Non-Executive Directors to account for the performance of the Board.

Come and see your governors in action!

All Trust members (and the public) are invited to attend and observe Council of Governors meetings. At these meetings, the [Trust's governors](#) and [Board of Directors](#) meet to discuss issues and governors give feedback from their constituents.

Our next meeting takes place on **Tuesday 7 March 2023** from 2pm onwards.

If you would like to attend the next meeting or raise a question on the papers for the meeting, please email dhcft.membership@nhs.net or call us on 01332 623723. The agenda and papers will be available on the Trust website www.derbyshirehealthcareft.nhs.uk under 'get involved', 'Council of Governors meetings' in advance of the meeting. We look forward to seeing you and introducing you to our governors.

Want to contact your governor...

Contacting your local governor is a key way to get involved in our work and ensure that we provide the best possible care and treatment. You can contact your local governor by emailing dhcft.governors@nhs.net (please say where you live, so we can forward on your message to the appropriate governor) or by calling the membership team on 01332 623723.



Interested in becoming a governor?

Next year we will have vacancies in Amber Valley, Derby City East, Derby City West, Erewash and High Peak and Derbyshire Dales. To find out more see page 13. You can find out more about our Council of Governors on the Trust website www.derbyshirehealthcareft.nhs.uk under 'about us', 'our governors'.

We need you: stand in the Trust's forthcoming public governor elections

We are a provider of mental health, learning disabilities and substance misuse services in Derby city and Derbyshire county. We also provide a wide range of children's services. Do you feel passionate about these kinds of health services? If so...

Could you be a governor?

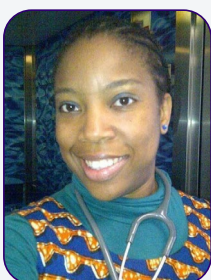
Would you like to become involved in developing and improving the Trust's services? If so, make a difference by putting your name forward to be a public governor! The Trust's governors (who are volunteers) have an important role, working alongside Trust staff to represent the needs and views of their local members, with a shared aim to improve the delivery of local NHS services.

We are looking for members of the public who are motivated, enthusiastic and willing to engage with their local community to stand in our governor elections for:

- Amber Valley (one vacancy)
- Derby City East (one vacancy)
- Derby City West (one vacancy)
- Erewash (one vacancy)
- High Peak and Derbyshire Dales (one vacancy)

As a governor you will:

- Represent the interests and views of local members
- Attend the Council of Governors meetings (all meetings are held during the day, usually on a Tuesday)
- Act as an ambassador for the Trust
- Hold non-executive directors to account for the Trust's performance.



Of being a governor, **Ogechi Eze**, Public Governor for Derby City West said: “I became a governor because I believe in sustaining the NHS and increasing its effectiveness in providing healthcare. I was elected this year and am really finding it an interesting role.”

Of being a governor, **Orla Smith**, Public Governor for Derby City West said:



“As a public governor I appreciate how our Trust is going from strength to strength as it begins the building of two new hospitals to support adults who require acute support for their mental health needs in Derby and Chesterfield. These modern purpose-built hospitals for the people of Derbyshire will greatly help people in their recovery.”

Interested?

The best way to submit a nomination is online at www.cesvotes.com/DHFT2023 where you can upload your election statement, photo and get instant confirmation. Or you can email:

ftnominationenquiries@cesvotes.com, telephone: 0208 889 9203 or text: 2FT DH and your name and address to 88802.

Nominations will be open from Monday 14 November 2022 until Monday 12 December 2022.

For more information on the governor role, please email dhcft.membership@nhs.net or call 01332 623723 for an information pack. You can also learn about being a governor on the Trust's website:

www.derbyshirehealthcareft.nhs.uk – under 'get involved', 'become a Trust governor'.

Who can stand in the elections?

You must be a member of Derbyshire Healthcare NHS Foundation Trust and be over the age of 16. If you are not a member, it is simple and free to join by completing the online form on the Trust's website at www.derbyshirehealthcareft.nhs.uk under 'get involved', click on 'become a Trust member'.



Winter wellbeing

Are you covered this winter?

It's that time of year to protect yourself, your family and friends by getting both your flu and COVID vaccinations.

COVID-19 boosters

This year, booster COVID vaccines are being offered to people most at risk from COVID-19 who have already had two doses of a vaccine more than 6 months ago.

The NHS will let you know when it's your turn to have a booster dose – you can then book by using the [National Booking Service](#) or calling 119.

Flu vaccines

Those who can have a free flu vaccine include:

- All children aged 2 or 3 years on 31 August 2022
- All primary school aged children (from reception to year 6)
- Secondary school-aged children (focusing on years 7, 8 and 9 following the primary school vaccination visits with any remaining vaccine being offered to years 10 and 11, subject to vaccine availability later still in the season)
- Those aged 6 months to under 65 years in clinical risk groups
- All pregnant women (including those who become pregnant during flu season)
- Those aged 65 years and over
- Those in long-stay residential care homes carers
- Close contacts of immunocompromised individuals.

If you are eligible for a free NHS flu vaccine, you can get these at your GP surgery or local pharmacy. Those who are not eligible can get one privately through their pharmacy.

At Derbyshire Healthcare, we are offering flu and COVID vaccinations to our service users and staff through our fantastic team of vaccinators within our Health Protection Unit (HPU).



SAD during winter

Seasonal affective disorder (SAD) is sometimes known as “winter depression” because the symptoms are usually more apparent and more severe during the winter.

- Symptoms of SAD can include:
- A persistent low mood
- A loss of pleasure or interest in normal everyday activities
- Irritability
- Feelings of despair, guilt and worthlessness
- Feeling lethargic (lacking in energy) and sleepy during the day
- Sleeping for longer than normal and finding it hard to get up in the morning
- Craving carbohydrates and gaining weight.



For some people, these symptoms can be severe and have a significant impact on their day-to-day activities.

A range of treatments are available for SAD. A GP will recommend the most suitable treatment programme for you. If you are struggling with your mental health during the winter, remember that the Derbyshire Mental Health Helpline and Support Service is open 24 hours a day, seven days a week. Call 0800 028 0077.

Trust Board update

Our Trust is run by a Board of Directors made up of Executive and Non-Executive Directors. The Trust Board has a responsibility to make the best use of financial resources and to deliver the services people need, to standards of safety and quality which are agreed nationally. We have had a number of changes to our Trust Board recently:

We say farewell to:

- Ifti Majid, our Chief Executive, who is leaving to take on the role of Chief Executive at Nottinghamshire Healthcare NHS Foundation Trust.
- Claire Wright, our Executive Director of Finance, who is retiring.
- Dr John Sykes, who is retiring as our Medical Director but will continue in his role as a consultant psychiatrist.
- Dr Sheila Newport, one of our Non-Executive Directors, who is retiring.



Ifti Majid



Claire Wright



Dr John Sykes



Dr Sheila Newport

And we welcome:

- Dr Arun Chidambaram, who is our new Medical Director.
- Carolyn Green, who has been appointed our Interim Deputy Chief Executive and Chief Nurse (after serving as the Trust's Director of Nursing and Patient Experience since 2014).
- Becki Priest, who is our new interim Director of Quality and Therapies (Chief Allied Health Professional).
- Rachel Leyland, who will be our new Interim Executive Director of Finance from 1 November.
- Tumi Banda, who is our new interim Director of Nursing and Patient Experience.
- Lynn Andrews, who is a Designate Non-Executive Director and will become a substantive Non-Executive Director replacing Sheila Newport.



Dr Arun Chidambaram



Carolyn Green



Becki Priest



Rachel Leyland



Tumi Banda



Lynn Andrews

Of the changes Selina Ullah, Trust Chair, said: "Although we are saying farewell to three of our experienced Executive Directors and a Non-Executive Director, we welcome the opportunity to have colleagues developing and new colleagues joining us to take on the baton of leadership."

You can find out more about our Board of Directors and the Public Board meetings on the Trust website www.derbyshirehealthcareft.nhs.uk under 'about us'.

Brain training time!

Have a go at a Sudoku puzzle.

						7	
7			1		5	9	
8		3		2		1	6
6	5		4		9		3
		4					
			7	6			
9	1		6				
	2	7	9			4	
4		5	1				

Fill in the grid so that every row across, every column down and every three by three box contains the numbers 1 to 9. For the chance to win a puzzle book, email your completed puzzle, **along with your name and address** to dhcft.membership@nhs.net or post to:

Freepost RRGK-SRZC-JZAB,
Membership and Involvement
Manager, Executive Corridor,
Ashbourne Centre, Kingsway Hospital
Site, Kingsway, Derby DE22 3LZ.

Winner of previous Sudoku

Thank you to all those members who sent in the completed puzzle. Congratulations to Anthony Dixon from South Derbyshire whose name was drawn. A puzzle book is on its way to you, Anthony.

© MathSphere www.mathsphere.co.uk/

Celebrate staff all year

Experienced great care from one of our staff? Nominate them through our Delivery Excellence Everyday Scheme (DEED) recognition scheme. It's quick and easy, and everyone who is nominated will be considered for the DEED colleague or team of the month award culminating in being put forward for the annual awards.

Complete the short online form at www.derbyshirehealthcareft.nhs.uk/get-involved/celebrate-our-staff.

You can now nominate teams for the award. Just click the team box on the online application form. Anyone struggling to access or complete the form can also submit a nomination by telephone, call: 01332 623 700 ext 33302.



Let's get virtual and help us save trees!

Since the COVID-19 pandemic we are sure our members have taken every opportunity to keep in touch virtually with family and friends. We are keen for our members to keep in touch with us virtually too and ask that you **share your email address** with us so you don't miss out on receiving regular updates on the Trust. Send your email address to dhcft.membership@nhs.net so we can update your records. Help us to keep you more regularly informed; and at the same time help us to save printing and postage costs, and the planet, by reducing the use of paper.

If you would like this information in a different language or format please contact dhcft.communications@nhs.net

إذا كنت تريد هذه المعلومات بلغة أو تنسيق مختلف برجاء الاتصال بن dhcft.communications@nhs.net

Želite li ovu informaciju na drugom jeziku ili formatu molimo obratite se dhcft.communications@nhs.net

如果您想要将本信息用其他语言或格式显示，请联系 dhcft.communications@nhs.net

Si vous souhaitez recevoir ces informations dans une autre langue ou un autre format, veuillez contacter dhcft.communications@nhs.net

अगर आप यह जानकारी अलग भाषा या स्वरूप में चाहते हैं तो कृपया संपर्क करें dhcft.communications@nhs.net

Ja vēlaties šo informāciju citā valodā vai formātā, lūdzu, sazinieties ar dhcft.communications@nhs.net

Susisiekite su mumis, jei norėtumėte šios informacijos kita kalba ar kitu formatu dhcft.communications@nhs.net

Jeżeli chcieliby Państwo otrzymać kopię niniejszych informacji w innej wersji językowej lub w alternatywnym formacie, prosimy o kontakt z dhcft.communications@nhs.net

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਫਾਰਮੈਟ ਵਿੱਚ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸੰਪਰਕ ਕਰੋ dhcft.communications@nhs.net

اگر آپ کو یہ معلومات کسی مختلف زبان یا وضع میں مطلوب ہو تو براہ مہربانی رابطہ کریں dhcft.communications@nhs.net