




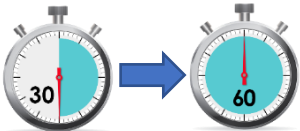





# What is a Learning Disability Annual Health Check?

	<p>You can get an Annual Health Check if:</p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> you have a Learning Disability and</li> <li><input checked="" type="checkbox"/> you are 14 years or older</li> </ul>
	<p>It's a head-to-toe health check</p>
	<p>The doctor will ask lots of questions about how you are feeling</p>
 <p>Doctor's Surgery</p>	<p>It takes place every year at your doctor's surgery</p>
	<p>It is free</p>
	<p>Your appointment needs to be at least 30 minutes long</p>
	<p>You will get a Health Action Plan that tells you how to stay healthy</p>
	<p>Find out more about Annual Health Checks by speaking to your doctor's surgery</p>
 <p>It helps you to keep healthy.</p>	<p><b>*LINK TO ANNUAL HEALTH CHECK VIDEO*</b>  <a href="https://www.youtube.com/watch?v=5FWFfh_2wVo">https://www.youtube.com/watch?v=5FWFfh_2wVo</a></p>