


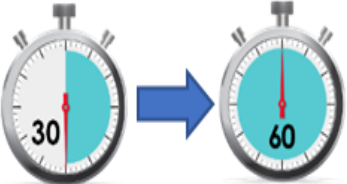

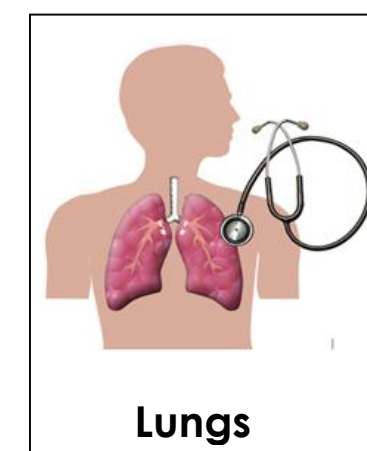
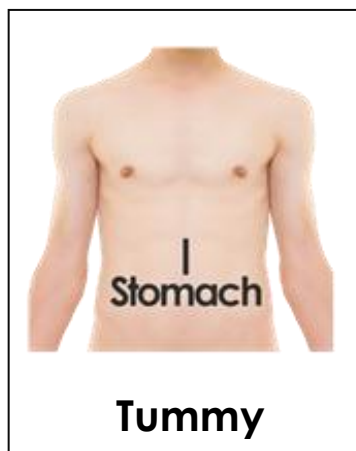
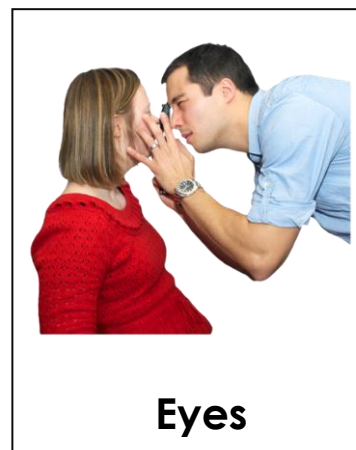
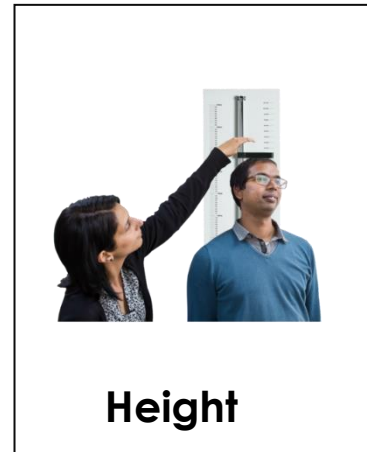


What Happens at Learning Disability Annual Health Check appointment?

“Anyone with a Learning Disability aged 14 or over, can get a free Learning Disability Annual Health Check at their Doctor’s Surgery.”

| | |
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|  <p>Doctor’s Surgery</p> | <p>You go to your doctor’s surgery for the Annual Health Check on the date and time of your appointment</p> |
|  | <p>Annual Health Check is a head-to-toe health check</p> |
|  | <p>Your doctor’s surgery may ask to do part of your annual health check on the telephone or video call</p> |
|  | <p>Your appointment needs to be at least 30 minutes long</p> |
|  | <p>Your doctor’s surgery may ask you to bring a sample of your wee</p> |

The doctor or the nurse may check your:



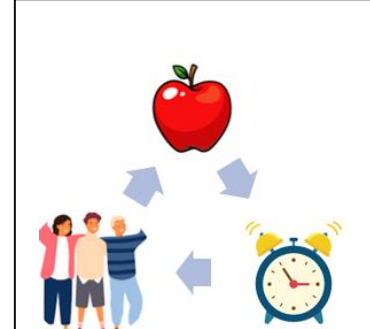
The doctor or nurse may ask you about:



The medications you are taking



The food you eat



Your lifestyle



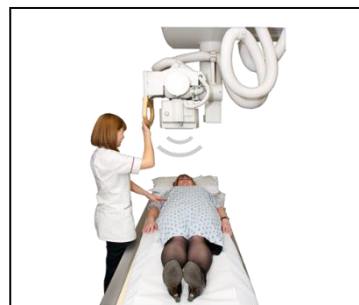
The exercise you do



If you are having any problems going to the toilet



How you are feeling






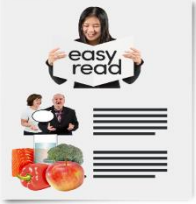
Tests you can have to check for cancer



Your covid vaccine and flu vaccine



Any other health appointments you may have

| | |
|---|---|
|  | <p>The doctor or nurse may do some extra tests if they think you need them like a:</p> <ul style="list-style-type: none"> • blood test • wee test |
|  | <p>The doctor or nurse may refer you to see someone else</p> |
|  | <p>You will be given an easy read Health Action Plan; this will tell you what you need to do to stay healthy</p> |
|  | <p>The doctor or nurse may give you easy read information about how to stay healthy</p> |