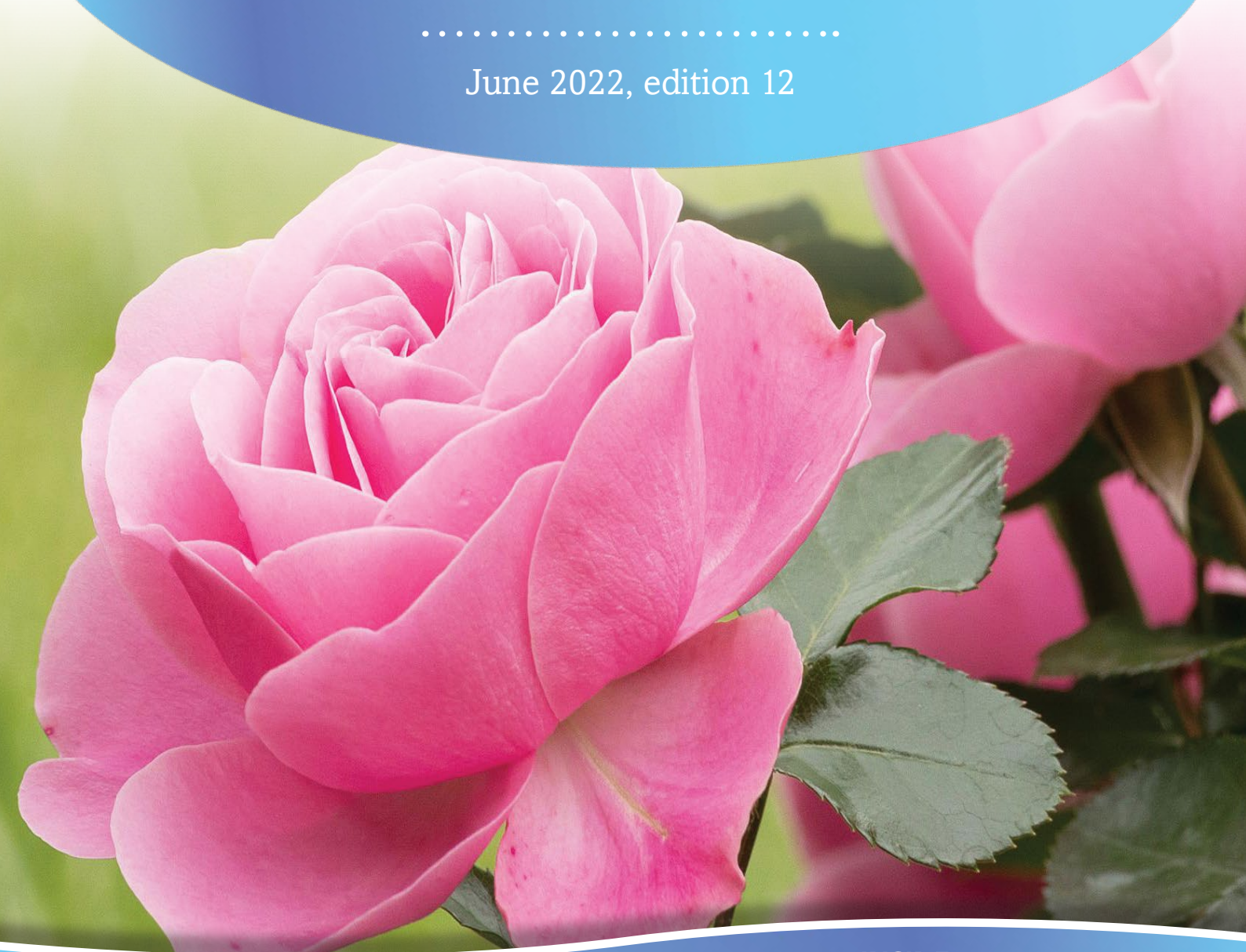


Connections

.....
June 2022, edition 12



**Updates on our
service developments**

INSIDE...

Find out about peer support in the Trust – **p4**

Meet your new public governors – **p10**

Enter our 'looking forwards' arts and crafts
competition – **p15**



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Making a
**positive
difference**

Welcome...

...to the latest issue of **Connections**.

In this issue we have a lot to celebrate.

Like many people we celebrated the Queen's Platinum Jubilee. Not only did we plant a tree in her honour, but we also held a competition for best decorated ward. We were so pleased with all the entries – our colleagues and service users enjoyed decorating their areas. You can find out who won the competition; and who planted our tree on page 3.

In the Trust we are keen to promote how important our experts by experience and people with lived experience are, and how their experiences help us to provide better services. Read about our peer support development worker and what her role is within the Trust on pages 4 and 5.

This issue also gives our members an update on the refurbishment of some of our facilities, and our new programme to replace our Hartington and Radbourne Units in Chesterfield and Derby respectively. The article includes an update on our plans to build a psychiatric intensive care unit (PICU) in Derbyshire (see pages 6 and 7). We also give an update on living well in Derbyshire – a new approach to delivering mental health support in the community (see pages 8 and 9).

During the winter we held our elections for the Trust's Council of Governors and I am pleased to welcome our newly elected public governors, see pages 10 and 11. Governors are volunteers and we really value their commitment to the governor role. If you are interested in becoming a governor, find out about our 2023 governor vacancies on page 11.

Thank you to all those members who completed our survey in the last edition of Connections – you can find the results on page 13.

The Trust's Annual Members Meeting is taking place on



Selina Ullah, Trust Chair

21 September and this will be my first one since I took up my post last year. I am really looking forward to meeting members. Find out how to book a place on page 13.

We have launched an arts and crafts competition, the theme of which is 'looking forwards'. We are keen for members to get involved and to share their creative talents – see page 15 for details on how to enter. The finalists will be invited to the Annual Members Meeting where the winners will be announced.

I hope you find the articles interesting and useful – and I look forward to your comments and feedback.

Best wishes

Selina

**Selina Ullah
Trust Chair**

The NHS rules on mask-wearing have changed...

Service users and visitors are welcome to wear a face mask, but are no longer required to do so. If you have any COVID symptoms – such as a high temperature or new, continuous cough – please contact your care team before your visit or appointment.

Celebrating the Queen's Platinum Jubilee

Tree to celebrate the Queen's Jubilee

A new tree has been planted at our Kingsway Hospital site in Derby in recognition of the Queen's Platinum Jubilee. The tree, which is located in our memorial and celebration garden, was planted as part of the Queen's Green Canopy initiative to celebrate the Queen's service.

Of planting the tree, Ifti Majid, Chief Executive at our Trust said: "The Queen has dedicated 70 incredible years of her life to serve her people, so it is only right that we recognise her commitment and success. We felt that a Cornus Controversa 'Variegata', also known as a wedding cake tree, struck the right note of celebration. We hope people using our services at Kingsway Hospital in Derby will come and enjoy the tree for years to come, and that it aids in people's recovery."



Ifti Majid, Chief Executive and Jubilee tree

Jubilee competition

To celebrate the Jubilee, we held a competition for our staff and service users to decorate our inpatient units. Everyone got really creative, and our service users enjoyed making images and mannequins of the Queen and members of the royal family, creating corgi masks and putting up bunting. Our service users also celebrated the Jubilee with food fit for a queen!

The decorations were judged by the Trust Chair, Selina Ullah and our Chief Executive, Ifti Majid. We had a lot of entries but, after deliberating, Ward 33 at Derby's Radbourne Unit was awarded the winning entry, with the Hub at the Hartington Unit in Chesterfield and the Hub at the Radbourne Unit, in Derby being 'highly commended'.

Our Chief Executive, Ifti Majid said: "It was really difficult to pick a winner from all the entries; it was amazing to see all the ways in which our staff and service users had used their imaginations and creativity to decorate the inpatient areas to celebrate the momentous occasion of the Queen's Platinum Jubilee."



Hartington Unit



Radbourne Unit

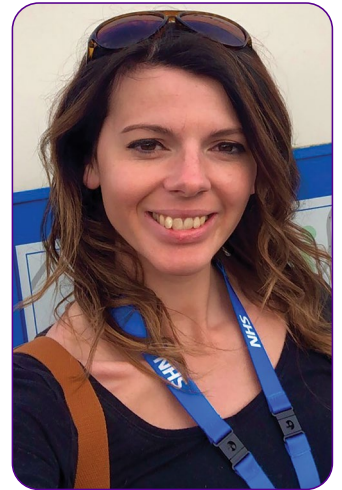


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Enhancing peer support in Derbyshire Healthcare

Our peer support workers are people who have lived experience of mental ill health. We enable our peer support workers to engage with mental health service users to show empathy, share experience, inspire hope and promote recovery with the aim of assisting individuals to gain and maintain independence in the community.

We have a number of peer support workers at the Trust who are supported by Georgie Lazzari (pictured), our peer support development worker. We asked Georgie about her role.



What is a peer support development worker?

My role helps to enhance the presence of peer support within the Trust and act as a guide to all who are interested in peer work.

I support people with lived experience to access training and employment opportunities in this area and I work with clinical teams to recruit and welcome peer support workers into their various departments.

Why did you want this role?

Having been a peer support worker in the Trust for almost a year, I felt so much passion and belief in the value of these lived experience roles and really wanted to help others who wish to go down this path as part of their own recovery.

Peer support is a key element of many people's recovery journey and a proven way to reduce time in mental health services and inpatient units. I wanted to be a part of this movement and make a difference to people's experiences in our Trust.

Why is involving people with lived experience so important?

Being recovery focused is our main aim and helping service users to meet their personal goals. It is important to treat everyone as an individual and know that no two people experience recovery in the same way. It's also key to remember that you are not alone and there are people here to support you who have walked a similar path and can truly empathise with how you feel.

Lived experience is unique and complements the work that clinicians do very well. Peer support can help reduce waiting lists and assist with discharge, leading service users to experience much better wrap-around care.

We can draw upon our own personal experience to help individuals seek their own solutions and gain independence from the services they are under. We see people as separate from their diagnoses and we focus on their interests, skills and ambitions to help them improve their lives.

How does the Trust support peer support workers?

We help peer support workers in various ways – we create and provide resources to help them get started in their roles. We meet with them as part of their induction and help them to understand the fundamentals of being a good peer.

We also organise training for them and their supervisors so that they feel as confident, knowledgeable and supported as possible and arrange group meetings to give them a chance to meet, network and learn from other.

Carolyn Green, the Trust's Executive Director of Patient and Nursing Experience has been working for many years with individuals who are experts by experience and really values their input. She said:



“Peer support is rooted in a basic and powerful characteristic of human beings: ‘I have been there; I can see your path through... Take some safe steps’.

“Peer supporters make important contributions simply by ‘being there’, noticing a person and connecting. Some people are scared to trust because of the difficult experiences they have had. Peer support offers a different person to connect with.

“Peer support can have major impacts on the health of those they serve. It's not an add on, it's our future.

“Peer support must be taken seriously, not as a marginal activity in our organisation. I see it as a core component of a contemporary and progressive provider of children's, neurodevelopmental and mental health services.”

You can find out more about peer support on the [Trust website](#) under the 'get involved' tab.

Trust nominated for two national awards

In recent weeks, the Trust has been shortlisted for two major awards: one recognising the support offered to employees, and one recognising the support offered to local people using our services. ★ ★

Firstly, the Trust has been shortlisted for a CIPD People Management Award, for the way it has engaged with employees during the pandemic. The Trust has been selected in the Best Employee Experience Initiative category for its 'people first' approach during COVID, when it introduced a range of methods for colleagues to interact with senior leaders and made a committed effort to focus on colleagues' health and wellbeing.

Secondly, the Trust is in the running for an NHS Parliamentary Award, in the COVID Response category. This is in recognition of the Trust's specialist COVID vaccination service for people using our mental health services and for people with a learning disability or autism. The small team of vaccinators (pictured) helped individuals who were struggling to overcome anxiety about getting vaccinated or about visiting a large, busy vaccination centre. The team met with them in advance and then tailored the vaccination appointments to their needs – for example, by offering quiet locations with sensory activities, and soft music.



The winners of both awards will be announced in September.





Updates on our service developments

Older Adults consultation feedback

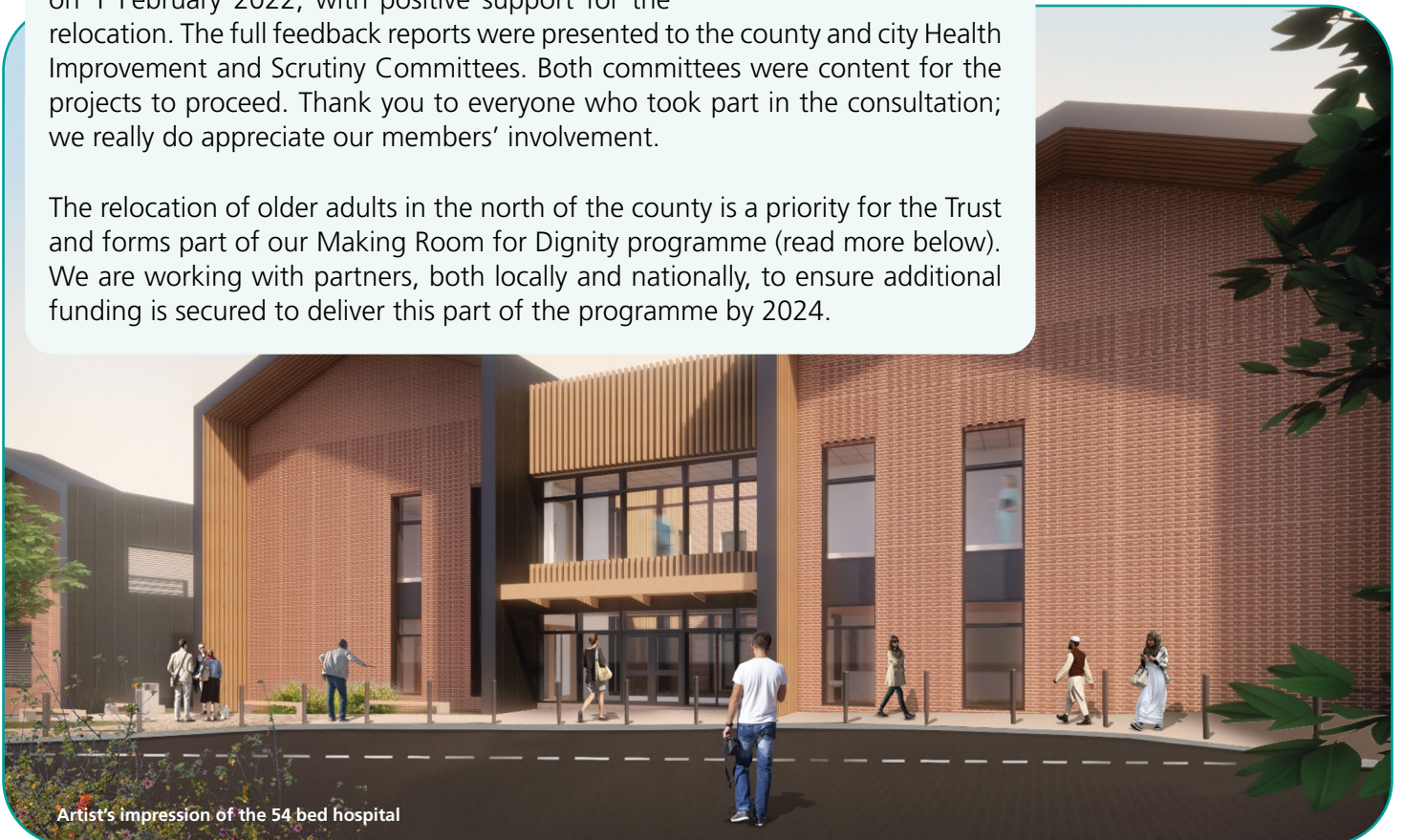
In the last edition of [Connections magazine](#) (page 4) we invited you to share your views on our consultation, which proposed the relocation of older adults with a functional mental health illness from the Hartington Unit in Chesterfield to Walton Hospital, also in Chesterfield.

The move will:

- Achieve equity with services in the south of the county
- Provide clinical benefits to older adults including tailored environments and specific safety requirement
- Ensure access to specialist older people clinicians.

The consultation also included the proposal of the permanent relocation of Ward 1, London Road Community Hospital Derby to Tissington House at Kingsway Hospital, Derby. The consultation closed on 1 February 2022, with positive support for the relocation. The full feedback reports were presented to the county and city Health Improvement and Scrutiny Committees. Both committees were content for the projects to proceed. Thank you to everyone who took part in the consultation; we really do appreciate our members' involvement.

The relocation of older adults in the north of the county is a priority for the Trust and forms part of our Making Room for Dignity programme (read more below). We are working with partners, both locally and nationally, to ensure additional funding is secured to deliver this part of the programme by 2024.



Making Room for Dignity programme – exciting new hospitals updates

In 2020 the Government pledged more than £400 million to eradicate dormitory accommodation from mental health facilities across the country to improve safety, privacy and dignity of patients experiencing mental illness. Significant national investment of £80m has been allocated for the development of new facilities across Derbyshire which we have invested in new hospital plans, including:

Northern Derbyshire Adult Acute: 54-bed new build on the Chesterfield Royal Hospital site

Replacing the Hartington Unit with single-room, ensuite accommodation for male and female patients with a flexible ward space included to accommodate our non-binary service users who do not necessarily identify as male or female.

Southern Derbyshire Adult Acute: 54-bed new build at Kingsway Hospital, Derby

With single-room, ensuite accommodation for male patients, relocating from the Radbourne Unit, Royal Derby Hospital site.

The aim of our 'Making Room for Dignity' programme is to improve the privacy and dignity of our service users, with evidence suggesting that single-room accommodation and an eradication of dormitory-style facilities can reduce the length of stay in a hospital setting.

The hospitals will be purpose built with some elements of co-design with service users, carers and members of our staff. Single-room settings will allow for an improvement to individual patient care. Patient preferences can be considered to a greater degree, for example the temperature of the rooms can be adjusted to suit the need of the individual. The purpose-built facilities and single rooms will also allow for better infection control and reduction in the risk of incidents involving patients or staff. Subject to final approval from NHS England and Improvement, we plan to begin the building works in September 2022.

Radbourne Unit, Royal Derby Hospital site

We are also seeking additional funding, both nationally and locally, to expand on the above projects with the refurbishment of the Radbourne Unit, so this facility also meets the national standard of single-room, ensuite accommodation for our female service users.

Psychiatric Intensive Care

Along with this, we strongly recognise the need for psychiatric intensive care facilities within the county to ensure our most unwell service users don't have to travel far from home for their care. With this in mind, we are also seeking funding for:

- A 14-bedded male Psychiatric Intensive Care Unit (PICU) on the Kingsway Hospital site in Derby
- An eight-bedded female Acute-Plus facility, in Derby, providing an increased level of support for women locally, bridging the gap between acute care and PICU care for females, having been identified as the greatest need in the county.

This is an ambitious programme, but we are 100% committed to delivering these services to the people we serve for the benefit of everyone across Derbyshire.



Artist's impression of the new facilities



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Living well in the community

Derbyshire has launched a new approach to delivering mental health support in the community, called Living Well Derbyshire.

Why we have launched Living Well Derbyshire

In February 2020, NHS England published a new Community Mental Health Framework, which is a three-year NHS programme aiming to improve care for people with severe mental illness (SMI). In Derbyshire, this new way to offer holistic health and wellbeing support in the community is called 'Living Well Derbyshire'.

Derbyshire Healthcare NHS Foundation Trust, voluntary sector organisations, local authorities, the Clinical Commissioning Group for Derby and Derbyshire, and those with a lived experience of mental ill health, and their carers, have been working together to create transformative new service models for the communities in High Peak and Derby city, which will then be rolled-out in the remaining localities across the county (Chesterfield, North East Derbyshire, Bolsover and Derbyshire Dales, Amber Valley, Erewash and South Derbyshire).



What this will mean for local people

Introducing the Living Well Derbyshire approach will offer:

- Easily accessible support from a range of organisations in one place – for example, social care and housing support – all of which can have an impact on a person's mental health and wellbeing. It is hoped that reducing barriers to services and working better together, can aid in recovery and long term wellbeing for the future
- A wide range of professionals dealing with a wide range of issues to reduce unnecessary referrals and handover, but with one point of contact and an easy way back into the service
- Person-centred care in the heart of the community.

What will this mean for our service users

Community mental health service users will continue to see the same key worker. But, by working as part of Living Well Derbyshire, their key worker will be able to offer them greater support through introductions to social workers, community support groups, the Jobcentre Plus, and a variety of different services, if appropriate. This will eliminate the need for lengthy referral processes. Service users will get support on every step of their journey to improved health. Living Well Derbyshire can also help those not currently using mental health services, by offering support with everyday life challenges which have an impact on overall mental health and wellbeing.

The services will be developed, implemented and available to access over the next two years.

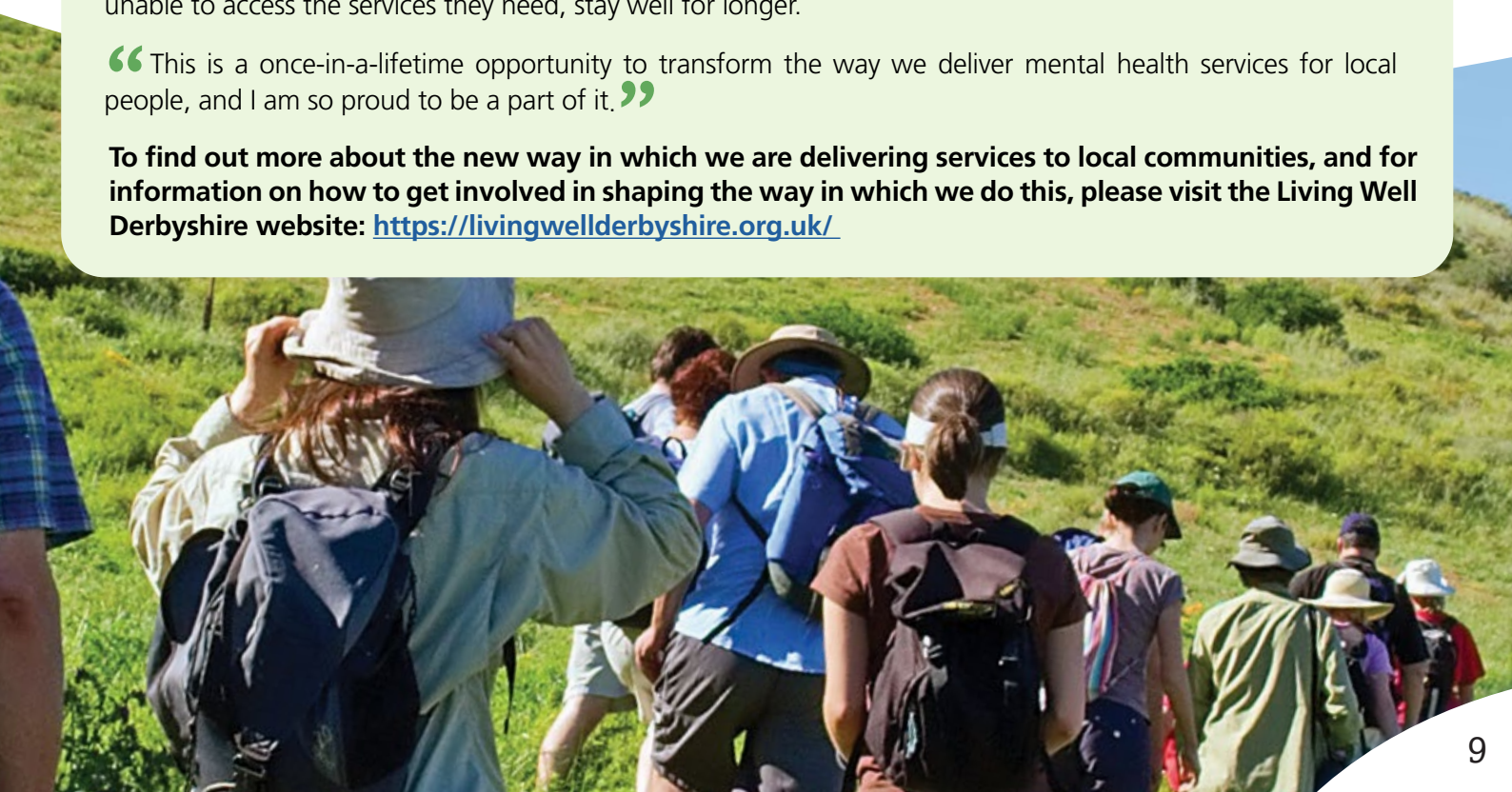
Clare Vandor, High Peak Living Well Service manager, has been working in the team since November 2021 and tells us how the transformation is working in practice:

“The service is evolving by bringing together the community and multidisciplinary team, so we can open more doors of support, with the aim of getting people to the right place for their individual needs. We're creating clearer pathways for different mental health requirements and viewing mental health support as a journey rather than an episode of care.

“We have been working hard over the past few months to embed ourselves within the local community, to make sure we are as visible and accessible as possible to the High Peak population. Already we can see evidence that this new way to deliver services is having an impact on people in the local community. Feedback from our service users has been really positive and I feel we can now help more people, who may have been unable to access the services they need, stay well for longer.

“This is a once-in-a-lifetime opportunity to transform the way we deliver mental health services for local people, and I am so proud to be a part of it.”

To find out more about the new way in which we are delivering services to local communities, and for information on how to get involved in shaping the way in which we do this, please visit the Living Well Derbyshire website: <https://livingwellderbyshire.org.uk/>





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Governor update

Introducing your new public governors...

We are pleased to welcome nine newly elected public governors to the Trust's Council of Governors, who joined us in March:



Angela Kerry, Public Governor, Amber Valley

Angela has lived in Amber Valley most of her life and brings a wealth of experience on mental health to the governor role. She has worked in the local voluntary sector for 35 years, the last 20 years in mental health. Angela recently retired and is looking forward to using the skills she developed during her working life to benefit people who use mental health services, their carers and the organisations that deliver care. Angela has also been an appointed governor for the Trust.

Ivan Munkley, Public Governor, Bolsover and North East Derbyshire

Ivan is a life-long resident of Bolsover District and is passionate about representing people with mental health issues. Ivan has experience of mental health illness in his family, and in his work life he supports people with hidden disabilities in order to improve people's day-to-day lives. He supports individuals, families and carers to cope with and manage life changes. Ivan is keen to help improve services for people who are unable to represent themselves.



Jill Ryalls, Public Governor, Chesterfield

Jill recently retired from her role as Head of Adult Safeguarding in Derbyshire. During her 43-year career in social care, she managed community services and worked with local health communities to develop services that meet the needs of local people including the shaping of mental health services. Jill is passionate about improving mental health services, ensuring that the needs of local people are met. Jill has been a carer for 15 years.

Graeme Blair, Public Governor, Derby City East

Graeme has lived and worked in Derby since 2011. Graeme has lived experience as a carer for his daughter before she sadly took her own life. Since then, he has become a passionate advocate for mental health. He is determined to help others and support the NHS in any way he can. Graeme is involved with the National Suicide Prevention Alliance where he uses his lived experience to help develop awareness of and improvements in suicide prevention.



Jane Elliott, Public Governor, Derby City East

Jane is keen to be involved in the next chapter of the NHS and sees her role as public governor as an opportunity to support our services. As a governor she hopes to be able to help improve services and give feedback on issues or concerns from members. Jane works for a charity that provides homes for retirement living, which she is very passionate about. Jane cares about people and wants to make a difference.

Ogechi Eze, Public Governor, Derby City West

Ogechi lives in Derby where she works as a GP. She believes in sustaining the NHS and increasing its effectiveness in providing healthcare. She also believes that the NHS can do more to support people with mental health issues. Ogechi has lived experience of mental ill health and understands the issues that people face. She is passionate about the NHS providing better support to people with mental health issues.



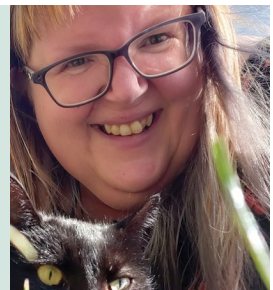
Andrew Beaumont, Public Governor, Erewash

This is Andrew's second term as public governor for Erewash. Prior to retiring, Andrew worked for nearly six years for Queen's Medical Centre covering hospital-wide IT support. He has also taught at night school and has undertaken a variety of care-orientated voluntary roles. Andrew is passionate about improving care for those with mental health issues. On a personal level, Andrew has experience of living with depression.



Hazel Parkyn, Public Governor, South Derbyshire

Hazel is a former psychiatric nurse and believes that, as a former nurse and now service user, she is in a unique position to see things from both sides and to help improve mental health services. She currently volunteers as an expert by experience for Mental Health Together. Hazel is aware that the COVID-19 pandemic has impacted on many people's mental health which, in turn, is likely to impact on demand for services.



Annette Gilliland, Public Governor, Rest of England

Annette's career as a registered nurse spanned over 40 years and focused on caring for older people. She was also a magistrate for over 20 years. She firmly believes that the NHS is here to provide compassionate and competent care that serves the needs of individual patients, carers and their families, and this can only happen if the views of the community are sought and acted upon.



Our new governors bring a wealth of skills and insight and we look forward to working with them over the next few years. Unfortunately, we have had to say goodbye to Thomas Comer who was elected as the public governor for Erewash but has now moved out of the area, so has to resign his seat. This means we have a vacant seat in Erewash which will be included in the 2023 elections.

Want to contact your governor...

Contacting your local governor is a key way to get involved in our work and ensure that we provide the best possible care and treatment. You can contact your local governor by emailing dhcft.governors@nhs.net (please say where you live, so we can forward on your message to the appropriate governor) or by calling the membership team on 01332 623723.



Interested in becoming a governor?

Next year we will have vacancies in Amber Valley, Derby City West, Erewash, and High Peak and Derbyshire Dales. We will be sharing information on the elections towards the end of this year. To find about becoming a governor, look on the [Trust website](#) under the 'get involved' tab.

Selina Ullah, Trust Chair said:



“ I am pleased to welcome our newly elected public governors to the Trust and am looking forward to working with them in their governor role. I would like to thank all the members who stood in the recent elections and to everyone who voted. The Trust will be organising the next round of elections in January 2023 and I strongly encourage our members to consider standing if they live in one of the areas where there is a vacancy. ”

We also welcome Cllr Martyn Ford, Appointed Governor representing Derbyshire County Council; and Dr Laurie Durand, Staff Governor representing our medical colleagues.

We say farewell to Valerie Broom, Thomas Comer, Rosemary Farkas, Lynda Langley, Julie Lowe, Stuart Mourton, Carole Riley and Christopher Williams who have recently left the Council of Governors. We thank our former public governors for their time and contribution during their term of office.

See your local governor in action!

All members are welcome to attend and observe Council of Governors meetings. Our meetings for this year are as follows:

- 6 September 2022
- 1 November 2022

All meetings will take place from 2pm and are currently planned as virtual meetings due to the national requirement for keeping people safe. Any changes will be posted on the Trust website: www.derbyshirehealthcareft.nhs.uk.

At Council of Governors meetings, the Trust's governors and Trust's directors meet to discuss issues and to give feedback from their constituents. These meetings are open to the public. If you would like to attend the next meeting or raise a question, please email dhcft.membership@nhs.net or call us on 01332 623723. The agenda and papers will be available online in advance of the meeting, along with the link to join the meeting.

Want to find out more about the Council of Governors?

More information on the Council of Governors can be found on the Trust's website: www.derbyshirehealthcareft.nhs.uk under the 'About us' tab.

Join us at the Trust's Annual Members Meeting

This year the Trust's Annual Members Meeting (AMM) is taking place on the afternoon of **Wednesday 21 September**. The AMM is an opportunity for anyone with an interest in health and wellbeing to come and reflect on the Trust's progress for 2021/22 and what to expect for the next year.

This year the theme is 'building the future', where we will give an update on our new-build hospitals; and there will be a showcase of our [Work Your Way employment service](#) which helps people who have used our mental health services to get back into work.

We will also be announcing the winners of our Arts and Crafts competition which was launched in June. The theme focuses on 'looking forwards' – you can find out how to enter on page 15.

We are currently planning this as a virtual meeting, but are hopeful that we may be able to hold it face to face depending on the situation regarding the COVID-19 pandemic. If the meeting is face to face, there will be stalls with information about Trust services for attendees to view from 2.30pm. The formal meeting will then take place from 4pm to 6pm.



How to book a place at the AMM

So that we can notify you of further plans for the AMM (including whether it will be held virtually or face to face), it is essential that you book your place in advance please. **Please click here to book a place bit.ly/dhcft-amm22** We will also circulate updates to members via the members e-newsletter and on the [Trust website](#) under the 'become a Trust member' tab.

Feedback from our members survey

In the last edition of **Connections magazine** (page 15) we asked members to complete a questionnaire to learn about your experiences as members of the Trust. We asked how you prefer to receive information and updates, what subjects you would like these to cover and whether you knew how to contact your public governors.

The feedback we received was generally positive:

- 95% of members enjoy reading Connections magazine
- 65% enjoy reading the members e-newsletter (34% are unable to read the e-newsletter as they don't have an email address)
- The majority of those members who completed the survey found information on Trust news and developments and information about our services really useful
- Over half of respondents knew how to contact their governor.

Members wanted to know how they can get involved in the Trust. You can:

- Attend and submit questions to the **Council of Governors meetings** (see page 12 for more information)
- Attend the Annual Members Meeting on 21 September (see details above on how to book a place)
- Consider **becoming a Trust governor** – elections are held in January of each year. More information will be shared with you towards the end of the year
- Contact governors – email dhcft.governors@nhs.net with comments/issues relating to the services that the Trust provides.

Thank you to those members who completed the survey. Congratulations to **Mrs E Noble**, of Derby City East, whose name was the first drawn out of a hat. A puzzle book is on its way to you.



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New Board appointments

Our Trust is run by a Board of Directors made up of Executive and Non-Executive Directors (NEDs). The Trust Board of Directors has a responsibility to make the best use of financial resources and deliver the services people need, to standards of safety and quality which are agreed nationally. We welcome the following who have recently been appointed:

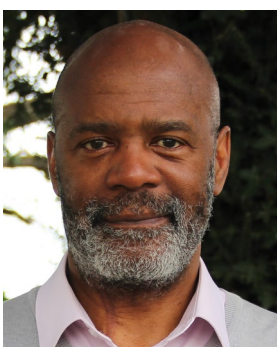


Vikki Ashton Taylor, Director of Strategy, Partnerships and Transformation

Vikki joined the Trust on 1 June 2022. Vikki has worked in the NHS for 25 years undertaking a range of both operational and strategic roles across acute, commissioning and regulatory organisations, including a number of years as an Executive Director. Vikki's most recent role was the Lead Director for Joined Up Care Derbyshire and she brings a wealth of system-related experience and expertise.

Deborah Good, Non-Executive Director

Deborah joined the Trust on 1 March 2022. She has spent most of her career in the social housing sector, working to improve the quality of services for local communities. Deborah has experience of serving on various multi-agency boards, including in her role as Executive Director of Customer Experience and Business Support at Solihull Community Housing and as Non-Executive Director at Derwent Living.



Ralph Knibbs, Non-Executive Director

Ralph joined the Trust in a designate role on 1 June this year, taking up his formal appointment as Non-Executive Director on 1 July 2022. He is currently the Head of Human Resources at United Kingdom Athletics Limited. From 2020, he has also undertaken a volunteer role as Vice-Chair of the RFU Diversity and Inclusion Implementation Working Group at the England Rugby Football Union. He is a passionate ally of equality, diversity and inclusion.

Supporting Board Diversity

Jas Khatkar joined us in April for 12 months under the NEXt Director scheme. The scheme's aim is to increase the diversity of board members across the NHS. Although NEXt Directors are not members of the Board, they participate in Board and Committee meetings across the Trust, in addition to a wider range of other activities including service visits. Jas is an experienced management consultant who specialises in finance transformation and business strategy. He also advises a number of Sikh community non-governmental organisations (NGOs) and humanitarian charities working for equality and social justice.



You can find out more about our Board of Directors on the [Trust website](#) under the 'about us' tab.

2022

Arts and crafts competition

Theme: 'Looking forwards'

Fire up your imagination and creativity and share how you are 'looking forwards' after two challenging years of the COVID-19 pandemic.

You can use any medium: paints, pencils, pastels, paper, material, ceramic, wood etc.

Create your artwork, take a good quality photograph and send it electronically to dhcft.membership@nhs.net

Closing date: midnight, Wednesday 17 August 2022

The competition is open to service users, carers, Trust members, Trust staff, stakeholders, partner organisations and the voluntary sector. If you would like to find out more or request an entry form and guidance, please email dhcft.membership@nhs.net or telephone 01332 623723.

We are inviting people to share their hopes for the future now that many of the restrictions related to COVID-19 have been eased – and at the same time help raise awareness of our services and challenge health stigmas. The last year has been challenging for us all; we have been living with COVID-19 now for over two years and we want to share how you are looking forwards. We are keen to showcase your creativity and celebrate your achievements.

The shortlisted entries will be invited to the Trust's Annual Members Meeting on 21 September where the winning entries will be announced. Prizes include arts and crafts materials.

Due to the NHS following stricter guidelines for infection prevention and control, all entries will need to be submitted electronically.



Brain training time!

Have a go at a Sudoku puzzle.

8	9		7	6	4	5		
	4		3					9
3	2	7	9					
	8			5	3			1
			6		1			
6								4
7			4	9		8	3	
		9			8	2	7	

Fill in the grid so that every row across, every column down and every three by three box contains the numbers 1 to 9. For the chance to win a puzzle book, email your completed puzzle, along with your name and address to dhcft.membership@nhs.net or post to:

Freepost RRGK-SRZC-JZAB,
Membership and Involvement
Manager, Executive Corridor,
Ashbourne Centre, Kingsway Hospital
Site, Kingsway, Derby DE22 3LZ.

Winner of previous Sudoku

Thank you to all those members who sent in the completed puzzle. Congratulations to Mr B Barnes from Ilkeston whose name was drawn out of a hat. A puzzle book is on its way to you.

© MathSphere www.mathsphere.co.uk/

Celebrate staff all year

Experienced great care from one of our staff? Nominate them through our Delivery Excellence Everyday Scheme (DEED) recognition scheme. It's quick and easy, and everyone who is nominated will be considered for the DEED colleague or team of the month award culminating in being put forward for the annual awards.

Complete the short online form at www.derbyshirehealthcareft.nhs.uk/get-involved/celebrate-our-staff.

You can now nominate teams for the award. Just click the team box on the online application form. Anyone struggling to access or complete the form can also submit a nomination by telephone, call: 01332 623723.



Let's get virtual and help us save trees!

During the COVID-19 pandemic we are sure our members are taking every opportunity to keep in touch virtually with family and friends. We are keen for our members to keep in touch with us virtually too and ask that you share your email address with us so you don't miss out on receiving regular updates on the Trust. Send your email address to dhcft.membership@nhs.net so we can update your records. Help us to keep you more regularly informed; and at the same time help us to save printing and postage costs, and the planet, by reducing the use of paper.

If you would like this information in a different language or format please contact dhcft.communications@nhs.net

إذا كنت تريد هذه المعلومات بلغة أو تنسيق مختلف برجاء الاتصال بن dhcft.communications@nhs.net

Želite li ovu informaciju na drugom jeziku ili formatu molimo obratite se dhcft.communications@nhs.net

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अगर आप यह जानकारी अलग भाषा या स्वरूप में चाहते हैं तो कृपया संपर्क करें dhcft.communications@nhs.net

Ja vēlaties šo informāciju citā valodā vai formātā, lūdzu, sazinieties ar dhcft.communications@nhs.net

Susisiekite su mumis, jei norėtumėte šios informacijos kita kalba ar kitu formatu dhcft.communications@nhs.net

Jeżeli chcieliby Państwo otrzymać kopię niniejszych informacji w innej wersji językowej lub w alternatywnym formacie, prosimy o kontakt z dhcft.communications@nhs.net

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਫਾਰਮੈਟ ਵਿੱਚ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸੰਪਰਕ ਕਰੋ dhcft.communications@nhs.net

اگر آپ کو یہ معلومات کسی مختلف زبان یا وضع میں مطلوب ہو تو براہ مہربانی رابطہ کریں dhcft.communications@nhs.net