

Band 6 Community Occupational Therapist

This is a really exciting time to join Derbyshire Healthcare NHS Foundation Trust as an Occupational Therapist! Derby City Adult Community Mental Health Team (teams B and C) are looking for two enthusiastic Band 6 Senior Occupational Therapists to join their friendly and supportive team based at St Andrew's House in Derby.

You will ideally need to have recent relevant experience of working with individuals with a range of mental ill - health, preferably in a community setting.

The work will involve managing Occupational Therapy referrals into the team, assessing adults of working age with mental ill-health who live within their local community around their occupational needs, designing and implementing person – centred interventions to support them in their recovery and evaluating their progress. This will include designing and facilitating both face to face and online groups and liaison with partnership agencies in the community.

As such you will need to have the ability to travel across the geographical area.

Main duties of the job

You will be able to manage a diverse caseload and work closely with the multi – disciplinary team, giving you the opportunity to work with CPNs, Psychiatrists, Psychologists, Employment Specialists and Non – Medical Prescribers.

You will utilise the Model of Human Occupation (MOHO) assessments that are used trust wide and will receive support and training in this.

You will be involved in service development and quality improvement projects as we develop OT pathways across the organisation, build links with our partnership organisations in the community, develop our Individual Placement Support service and grow our peer support services as we embed the Community Mental Health Framework across our teams.

You will be part of the wider Occupational Therapy Community in Derbyshire Healthcare, contributing to CPD events, practice development opportunities and workforce development. You will be involved in recruitment of staff and the development of our support staff.

Working for our organisation

Join 'Team Derbyshire Healthcare' and become part of a talented, compassionate and enthusiastic workforce committed to a vision of 'making a positive difference in people's lives'. Our trust values of People First, Honesty, Respect and Do your Best are embedded throughout the organisation.

CQC rated us as 'GOOD' overall, commenting on how our colleagues "treated patients with compassion and kindness" and "felt positive and proud about working for the trust."

We have a commitment to promoting staff health and well – being and have an ongoing programme of well – being events both as a profession and in the wider organisation.

Our staff survey in 2020 showed that 75% of our staff would recommend working for Derbyshire Healthcare.

Benefits include:

- Commitment to flexible working where this is possible
- 27 days annual leave/year plus bank holidays, increasing to 29 days after 5 years & 33 days after 10 years' service
- Yearly appraisal
- Access to profession specific and other training, both internal and external
- Generous NHS pension scheme
- Good maternity, paternity and adoption benefits
- Health service discounts and online benefits
- Incremental pay progression
- Free confidential employee assistance programme 24/7
- Access to our LGBTI+ network, BAME Network, Women's Network and Christian Network
- Active Staff Forum that represents staff views
- Health and wellbeing opportunities
- Structured learning and development opportunities across the profession and the wider organisation
- Involvement in trust wide, local and national AHP activities

Detailed job description and main responsibilities

PLEASE NOTE: To view the Job Description and Person Specification, please click **APPLY FOR THIS JOB** - this link will take you to the TRAC Recruitment Site. You will need to register if you do not already have an account.

Key responsibilities include:

The provision of specialist OT clinical advice on the assessment and intervention of clients' occupational and functional needs. Interventions provided will be within the practitioner's sphere of competency and within their major skill set, the practitioner is expected to liaise with colleagues who may be more experienced within a particular field as and when required.

Management of a caseload, using OT evidence based, client centred Recovery principles to assess, plan, implement and evaluate interventions. Assessment and prescription of assistive equipment as required.

Development of collaborative partnership working with our external partners within the neighbourhood for example CCGs, voluntary sector, social care, education and employment services You will play a pivotal role in this work alongside our partner agencies and people with lived experience.

Design, development and facilitation of recovery focussed group work, both internally and in partnership with partner organisations.

Supervision and support of fellow OT members of the team. You will be offered regular management supervision from your service manager and professional/clinical supervision from the Occupational Therapy Lead to support you with this.

Support and develop student placements and newly qualified OTs on our preceptorship programme within the service and across the workforce. Provide regular student placements/shadowing opportunities. You will liaise with our AHP Practice Learning Facilitator and AHP Preceptorship Facilitator regularly.

Support and promotion of our IPS service "Work Your Way" whose Employment Specialists are embedded in our CMHTs.

Involvement in trust wide OT service development and innovation.

There will be an expectation that the post holder will have knowledge of the Care Programme Approach and to support the Duty rota when needed.

Person specification

Knowledge and Experience

Essential criteria

- 3 years post registration experience as an OT.
- 2 year post registration experience working with adult Mental Health service users.
- Knowledge and application of theoretical models of practice including the Model of Human Occupation.
- Experience of working with people who have severe and enduring needs.

Desirable criteria

- Working knowledge of the principles of CPA (Care Programme Approach) where appropriate.
- Service development.
- Partnership working.
- Experience of supervising staff.

Qualifications

Essential criteria

- Registered Occupational Therapist
- Degree / Diploma in Occupational Therapy
- Training relevant to specialist area

Desirable criteria

- Student educator accreditation/ willingness to undertake the training
- Clinical supervision training

Skills

Essential criteria

- Computer literate.
- Ability to apply core OT skills in a mental health setting, including carrying out occupational assessments and setting occupational goals.
- Ability to manage a complex caseload.
- Ability to work autonomously and set own priorities.
- Ability to work as an effective member of the MDT and promote the role of OT in the team.
- Comprehensive range of high level verbal and written communication skills.

Desirable criteria

- Group work skills.
- Ability to respond efficiently to complex information within tight deadlines.

Please contact Rosie O'Brien on 07825016322 or Katrina Reece 07775751734 (OT Community Clinical Leads) for more information about the role