



Your e-newsletter

October 2024

The Mental Health, Learning Disabilities and Autism Delivery Board brings together partner organisations working across health and social care in Derby and Derbyshire. The Board is responsible, on behalf of Joined Up Care Derbyshire (JUCD), for overseeing system-wide delivery, performance improvement and transformation. The Board's aim is to collectively make improvements to outcomes for people with mental illness, learning disabilities and/or autism and to implement the requirements of the NHS Long Term Plan.

The Delivery Board met on 3 October 2024. This update shares key points of discussion from the meeting.

Health Inequalities within the community

This month the Delivery Board had a focus on local health inequalities, including service developments focused on improving experiences of our local Deaf and Black communities, in line with the priorities previously identified for mental health, learning disability and autism services. This follows on from a similar 'deep dive' at the [June 2023 Delivery Board](#).

Derby has a particularly large **Deaf community**. This summer, members of the Deaf Mental Health Forum participated in a site visit of the new mental health facilities being developed at Kingsway Hospital in Derby, to consider patient experience from a Deaf perspective. Members of the Forum made a number of useful suggestions about how a Deaf or hard of hearing person may experience the environment. Further work is underway across the Derbyshire system to ensure access and engagement to health services for members of the Deaf community, including more British Sign Language (BSL) interpreters and more Mental Health First Aid training for Deaf people.

The Delivery Board also heard about the work of the Derby Health and Inequalities Partnership (DHIP) in our **Black communities**. The work of DHIP includes insights and developments within Derby's communities, as well as health promotion and empowerment. Partners talked about Audrey's Charity who supply food parcels, clothing and white goods in low-income households where people may have experienced mental health issues or domestic violence.

[Back to top](#)

Community Mental Health Review Intensive and Assertive Care

The Delivery Board is committed to learning from national recommendations following the Care Quality Commission (CQC) review of Nottinghamshire Healthcare and the tragic events of June 2023. In line with national recommendations, the Delivery Board received an update

about work to review community mental health service structures, particularly assertive outreach and to identify any gaps within local services. A Task and Finish Group has been set up, bringing together clinical and operational teams across the agencies to support the review and develop an agreed action plan. The action plan will be presented to the ICB Public Board on 21 November 2024.

[Back to top](#)

Performance update

The Delivery Board reflected on this month's recent performance figures:

- Access rates for **Perinatal** services, and diagnosis rates for **Dementia** services both remain on target
- Waiting times for **Early Intervention in Psychosis** services are very positive, with the majority of patients waiting less than two weeks to access support
- The number of **inappropriate out-of-area** acute mental health placements is improving
- All **NHS Talking Therapies** providers are now on track for waiting time targets, with the exception of the waiting time between first and second treatments, where the gap has slightly widened
- The numbers of **12-hour breaches** for people who present at Emergency Departments has increased. A 72 hour breaches review was undertaken in conjunction with Regional NHSE MH UEC colleagues. Themes and actions from the review will be brought back to November Delivery Board
- The challenge of **delayed discharges** continues, with a number of people being clinically ready for discharge from inpatient facilities, but unable to return to the community due to issues around factors like housing, residential care or social care. It was noted that this may become even more challenging in the winter months. Delivery Board members asked for support from partners to help lower the number of breaches.

[Back to top](#)

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