

Free NHS
support to
stop the harm
caused by
gambling



NHS

East Midlands Gambling Harms Service

East Midlands Gambling Harms Service

Tel: 0300 013 2330

Email: dhcft.emgamblingharms@nhs.net

Web: www.eastmidlandsgambling.nhs.uk



What we offer

We provide specialist therapies and treatment to people in the East Midlands affected by gambling addiction and gambling problems.

Who we can help

We are able to support people who are:

- 18 years old and over
- Registered with a GP in Derbyshire, Leicestershire, Lincolnshire, Northamptonshire, Nottinghamshire or Rutland
- Experiencing current or recent problematic gambling, resulting in harm to themselves and/or to other people.

How to request our support

You can either refer yourself or ask a professional like a GP to refer you.