

## Readiness Questionnaire

Now you are at the stage to be transferred from Children & Young People's Mental Health Services, we would like to know what your experience has been of this process so far.

Understanding your experience will help us to improve this process for other young people in the future.

1. Have you had the opportunity to discuss moving on from CAMHS with your worker?

YES  NO  A little

2. Are you aware of the local services available to support you when you move on from CAMHS?

YES  NO  Some

3. Do you feel ready for moving on from CAMHS?

YES  NO

4. Do you feel that you have had enough information to make the right decision about moving on?

YES  NO

On a scale of 0 -10 how do you rate your overall readiness for moving on from CAMHS? (Please circle)

0    1    2    3    4    5    6    7    8    9    10

Thank you for taking the time to complete this survey.

Please return to

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