



Your e-newsletter

November 2024

The Mental Health, Learning Disabilities and Autism Delivery Board brings together partner organisations working across health and social care in Derby and Derbyshire. The Board is responsible, on behalf of Joined Up Care Derbyshire (JUCD), for overseeing system-wide delivery, performance improvement and transformation. The Board's aim is to collectively make improvements to outcomes for people with mental illness, learning disabilities and/or autism and to implement the requirements of the NHS Long Term Plan.

The Delivery Board met on 7 November 2024. This update shares key points of discussion from the meeting.

Right Care, Right Person

Right Care Right Person (RCRP) is the national framework for how the Police and health services are working together to improve the response for people with mental health needs. This includes a commitment to reducing any unnecessary involvement of the Police. Partners representing the NHS, Local Authorities, Police, and the voluntary and community sector have been working across Derbyshire to develop multi-agency approaches to the key areas of delivery. This includes:

- Responding to mental health-related concerns for welfare and safety.
- People with mental health needs who leave acute hospitals before treatment is complete.
- People who absent themselves from inpatient mental health services or do not return from leave when expected.
- Conveyance of people with mental health needs.
- Timely handovers of Section 136 and 135.
- Aggression, violence and crime in a healthcare setting (this is a local workstream that has been introduced in addition to the national priorities).

Significant progress has been made across the workstreams and the Delivery Board commended the partnership approach underway.

[Back to top](#)

Living Well transformation of community mental health services

[Living Well](#) is the local implementation of the national Community Mental Health Framework across Derby and Derbyshire. A key element of the transformation is the integration of community mental health teams (CMHTs) with social care and VCSE colleagues, to offer a new multi-agency offer for adults with complex mental health needs. The vision is to support

a diverse range of health and social care needs and improve the experience of individuals by partners working together.

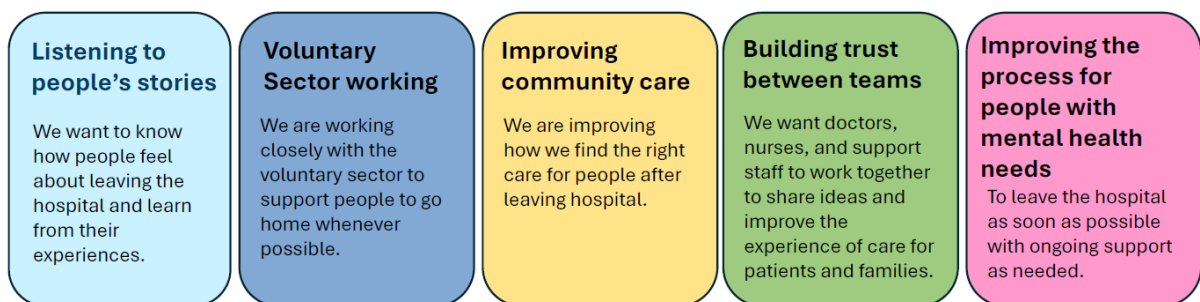
The Delivery Board confirmed their commitment to the multi-disciplinary approach already underway and discussed the implementation of the next phase of the Living Well model, into the 2025/26 financial year. Ongoing funding to achieve and embed the new ways of working is to be confirmed by the Derby and Derbyshire Integrated Care Board (ICB).

[Back to top](#)

System-wide discharge improvement strategy

Partners discussed a shared priority to achieve timely discharges from inpatient mental health services, supporting people to continue their recovery in their home environment when they are clinically ready to do so. Over recent months, services in Derby and Derbyshire have seen an increase in the number of delayed discharges which puts pressure on the system being able to identify available beds for people to be admitted into locally.

A set of shared commitments outlines how partners can better use data to manage transfers of care between settings and reduce unnecessary delays, together with enhanced, multi-agency support being available to support people at home. The involvement of individuals being supported by mental health services, their families and carers is central to these conversations. The approach shared by Delivery Board partners is outlined below:



[Back to top](#)

Performance update

The Delivery Board reflected on this month's recent performance figures:

- Access rates for **Talking Therapies** services are good across all providers, yet future conversations will focus on improving the recovery rates
- The number of people accessing local **Dementia** and **Perinatal** services continues to exceed local targets
- The Delivery Board noted an increase in the time people were admitted to mental health hospital beds, in line with the earlier conversation focused on **delayed discharges**
- **Health checks** for people with severe mental illness, learning disabilities and/or Autism were lower than planned for the quarter
- Learning following a multi-agency review of local people who had waited more than **72 hours** in Emergency Departments was shared with the Delivery Board. This identified delays in referrals for mental health assessments and wider complexities including availability of local mental health beds and demand for services.

[Back to top](#)

If you have any questions or comments on this bulletin, please email
dhcft.communications@nhs.net

