

# Derby City



# Infolink

Health Resource Directory

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## Health Resource Directory

for the people of Derbyshire and Derby City  
*Updated March 2012*

**INFOLINK** is a mental health resource database which contains information about services, groups and activities that are available to people throughout Derbyshire and Derby City to promote good mental and physical health. The information is collected from many different sources and aims to serve as a useful tool for staff, people who use our services and their families and carers, and other organisations working in partnership.

The information included in this edition has been reviewed and updated for 2012. **INFOLINK** will be reviewed and re-issued regularly.

Updates are held on the Trust website on:  
[www.derbyshirehealthcareft.nhs.uk/](http://www.derbyshirehealthcareft.nhs.uk/), and on our Core Care Standards Website on [www.corecarestandards.co.uk](http://www.corecarestandards.co.uk)

This booklet supports our Core Care Standards, which are detailed inside.

The directory is listed in alphabetical order and is easy to use. A full index can be found at the back of the directory. Inclusion in **INFOLINK** does not imply recommendation or endorsement of any particular service. It is intended as a collection of available information to help staff and out service users and their families and carers plan care.

If you would like any further information about this directory or would like further copies, or would like to amend, add or update any of the entries, please contact:

Core Care Standards and CPA Service,  
The Lodge, Walton Hospital,  
Whitecotes Lane, Chesterfield, Derbyshire S40 3HW  
Tel/Fax: 01246 515974  
Email: [cpa@derbyshcft.nhs.uk](mailto:cpa@derbyshcft.nhs.uk)

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## **Our Core Care Standards**

### **You will be involved as much as you want and are able to be**

Services work best when the people who use them are involved in the care process. We will take into account peoples diverse needs, particularly around communication and access. The service will protect your rights, as well as those of other people, and will protect you and others from harm wherever possible.

We will always try to make sure that people are involved as much as they want and are able to be, and have choices wherever possible, but choice may be limited by the services we have been commissioned to provide.

We want to support you to make informed choices through:

- taking part in planning your own care
- considering choices to promote and facilitate your recovery
- being central to the decisions made around your care
- having information to help you make informed choices and decisions

# Our Core Care Principles

## We will keep information safe and share it when needed, and you will have the right information at the right time

### Information For You

To make sure that patients/service users have the information they need to make choices, participate in the care process, make informed decisions, and be truly partners in care, the Trust provides a variety of information including:

- Rights and responsibilities, copies of care plans, contact information, services available, self-help information
- Signposting to relevant agencies and services where needed
- Information required by law
- Benefits and risks of different types of treatment, potential side effects of medication

Using the NHS Choices website, you can create a tailor-made information prescription for particular conditions and illnesses.

Your information prescription tells you about:

- Your condition, your treatment options,
- Care services (from equipment to help you get around the house to specialised exercise classes),
- Benefits you may be able to claim,
- Housing, and support groups.

Find out more on: [www.corecarestandards.co.uk](http://www.corecarestandards.co.uk)

### The Link to Trust Values:



# Derbyshire Healthcare NHS Foundation Trust

## Our services - What We Do

Trust Headquarters Telephone 01332 623700

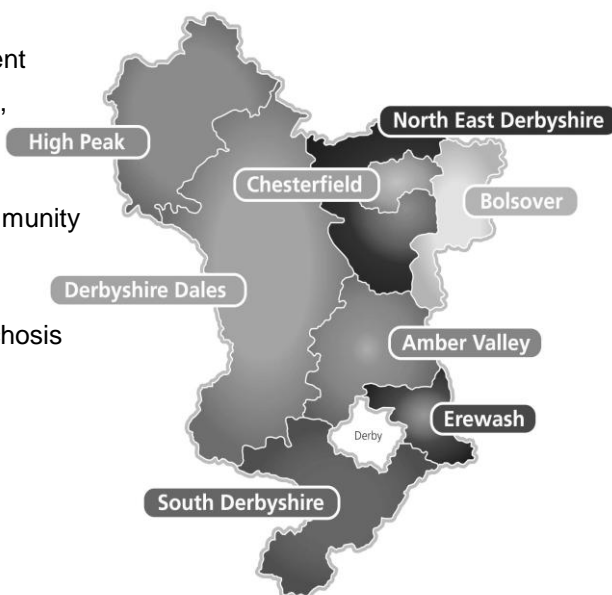
### Children's services (south only)

- health visiting
- school nursing
- community paediatric
- children's occupational therapy and physiotherapy
- child and adolescent community services
- continence advice (county wide)

### Services for adults

- pathfinder entry services
- forensic services (low secure and prison in-reach)
- perinatal mental health services including inpatient
- services for older people, including inpatient
- memory services
- recovery teams and community mental health teams
- assertive outreach
- early intervention in psychosis (from age 14)

- adult acute inpatient
- psychology
- mental health liaison
- crisis resolution home treatment
- day hospital and resource centre
- acute occupational therapy
- eating disorders service
- substance misuse services
- psychological therapies
- community learning disability services (south county and Derby only)



## Derbyshire Healthcare Foundation Trust Service and Team Information

<b>Adult Mental Health Services</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
Amber Valley Adult Recovery	01773 826 040	North Mill, Bridgefoot, Belper, Derbys, DE56 1YD
Audrey House Residential Rehabilitation	01332 293223	17 Vernon Street, Derby, DE1 1FT
Bolsover and Clay Cross Adult Recovery and Pathfinder	01246 827904	The Old Vicarage, High Street, Bolsover, Chesterfield, S44 6HS
Cherry Tree Close Residential Rehabilitation	01332 623714	Cherry Tree Close, Kingsway Site, Kingsway, Derby, DE22 3LZ
Chesterfield Central Recovery and Pathfinder	01246 216510	42 St Mary's Gate, Chesterfield, S41 7TH
Care Management Team	01332 547900	St James House, Mansfield Road, Derby, DE1 3AD
County North Mental Health Team	01246 512572	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
County South Adult Recovery	01283 817350	Bank Gate, Rinkway Business Park, 13-15 Rink Drive, Swadlincote, Derbyshire, DE11 8JL
County South Mental Health Liaison Team	01332 787780	Mental Health Liaison Office Derby Royal Hospital, Uttoxeter Road, Derby, DE22 3WQ
Criminal Justice Liaison Team	01332 623728	Kingsway House, West Wing, Kingsway, Derby, DE22 3LZ
Crisis Resolution and Home Treatment North (CRHT)	01246 512831	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
Crisis Resolution and Home Treatment North (CRHT)	01298 814784	Chapel Health Centre, Thornbrook Road, Chapel en-le-Frith, Derbyshire, SK23 0RG
Dales North Adult Recovery and Pathfinder	01629 761600	The Ritz Building, 27-29 Causeway Lane, Matlock, Derbyshire, DE4 3AR

Dales South Recovery Team	01335 230035	St Oswald's Hospital, Clifton Road, Ashbourne, Derbyshire, DE6 1DR
Dept of Psychotherapy	01332 364512	63 Duffield Road, Derby, DE22 1AA
Depot/Clozapine Clinic	01332 866990 x 5	Resource Centre, London Road Community Hospital, Derby, DE23 6HX
Derby City and County Crisis Resolution and Home Treatment Team	01332 623900	Radbourne Unit, Derby Royal Hospital, Uttoxeter Road, Derby, DE22 3WQ
Derby City and County South Early Intervention	01332 547169	St James House, Mansfield Road Derby, DE1 3AD
Derby City and South Pathfinder Service	0300 123 0782	St James House, Mansfield Road Derby, DE1 3AD
Derby City Recovery Team 1	01332 547990/ 547961	St James House, Mansfield Road Derby, DE1 3AD
Derby City Recovery Team 2	01332 547960/ 547959	St James House, Mansfield Road Derby, DE1 3AD
Perinatal Inpatient and Community	01332 623828	The Beeches, Radbourne Unit, Derby Royal Hospital, Uttoxeter Road, Derby DE22 3WQ
Eating Disorder Service	01773 881467	2nd Floor, North Mill, Bridgefoot, Belper, Derbyshire, DE22 3LZ
Enhanced Care Ward	01332 623867	Radbourne Unit, Derby Royal Hospital, Uttoxeter Road Derby, DE22 3WQ
Erewash Recovery Adult	0115 9308696	Brooklands, Park Avenue, Ilkeston DE7 5DH
Morton Ward	01246 512550	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
Pleasley Ward	01246 512552	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
Tansley Ward	01246 512547	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
High Peak Pathfinder and Recovery Service	01298 22321	Corbar View, 1-3 Fountain Street, Buxton, Derbyshire, SK17 6HU

Improving Access to Psychological Therapies (IAPT)	0300 123 0542	Ilkeston Resource Centre, Heanor Road, Ilkeston, DE78 TL
Kedleston Low Secure Unit	01332 623700 x 3716	Kingsway, Derby, DE22 3LZ
Killamarsh and North Chesterfield Recovery and Pathfinder	0114 2474886	Killamarsh Clinic, Parkside Shopping Centre, Killamarsh, Sheffield S21 1FY
Melbourne House	01332 623700 x 3440	Melbourne House, Kingsway Site, Kingsway, Derby DE22 3LZ
North County Early Intervention Service	01629 761600	The Ritz Building, 27-29 Causeway Lane, Matlock, Derbyshire DE4 3AR
Outpatients Service North County	01246 512564	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
Prison In-Reach Team	01283 584391	HMP Foston Hall, Derbyshire, DE65 5DN
Psychology Services	01332 292740	Oaklands, 103 Duffield Road, Derby, DE22 1AE
Psychotherapy Services	01332 717507	63 Duffield Road, Derby, DE22 1AA
Radbourne Unit Occupational Therapy	01332 623822	Radbourne Unit, Derby Royal Hospital, Uttoxeter Road, DE22 3LZ
Resource Centre Outpatient	01332 254623	London Road Community Hospital London Road, Derby, DE23 6HX
Rykneld Cognitive Behaviour Therapy	01332 207283	Rykneld, Bedford Close, off Bedford Street, Derby, DE22 3HQ
Ward 33	01332 623844	Radbourne Unit, Royal Derby Hospital, Uttoxeter Road, Derby, DE22 3WQ
Ward 35	01332 623835	Radbourne Unit, Royal Derby Hospital, Uttoxeter Road, Derby DE22 3WQ
Ward 36	01332 623834	Radbourne Unit, Royal Derby Hospital, Uttoxeter Road, Derby DE22 3WQ



<b>Mental Health - Older People's Services</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
Amber Valley Older Peoples CMHT	0115 907 1441	Floor 1, Ilkeston Resource Centre, 243 Heanor Road, Ilkeston, Derbyshire, DE7 8TL
Chesterfield Older People Psychology	01246 515762	Leahurst Day Unit, Walton Hospital, Whitecotes Lane, Chesterfield S40 3HW
Chesterfield Older People CMHT	01246 515594	Leahurst Day Unit, Walton Hospital, Whitecotes Lane, Chesterfield S40 3HW
County North Older Peoples CMHT	01246 513015	Blue Room, Hartington Unit, Chesterfield and North Derbyshire Royal Hospital, S44 5BL
South Derbyshire Older Peoples CMHT	01283 817360	Cadley View, Robian Way, Swadlincote, Derbyshire DE11 9DH
Derbyshire Dales (North ) Older Peoples CMHT	01629 810920	Newholme Hospital, Baslow Road, Bakewell, DE45 1AD
Derbyshire Dales (South) Older Peoples CMHT	01335 230039	St Oswald's Hospital, Clifton Road, Ashbourne, Derbyshire, DE6 1DR
Derby City Older Peoples CMHT	01332 623592	Albany House, Kingsway, Derby, DE22 3LZ
Discharge and Placement Team	01332 623724	Albany House, Kingsway, Derby DE22, 3LZ
Dovedale Older Peoples Day Hospital	01332 866980	London Road Community Hospital, London Road, Derby, DE 23 6HX
Erewash Older Peoples CMHT	0115 9071443	Ilkeston Resource Centre, 243 Heanor Road, Ilkeston, Derby, DE7 8TL
High Peak Older Peoples CMHT	01298 213386	Buxton Health Centre, Bath Road Buxton, Derbyshire, SK17 6HL
Cubley Court	01332 623700 ext: 3713	Kingsway, Derby, DE22 3LZ
Tissington Ward	01332 623700 ext 3706	Kingsway, Derby, DE21 3LZ

Hartington Unit Memory Clinic	01246 512692	Hartington Unit, Royal Hospital, Calow, Chesterfield, S44 5BL
Midway Day Hospital	0115 9071440	Ilkeston Resource Centre, 243 Heanor Road, Ilkeston, Derby, DE7 8TL
Ward 1	01332 258041	London Road Community Hospital, London Road, Derby, DE23 6HX
Ward 2	01332 258045	London Road Community Hospital, London Road, Derby, DE23 6HX

<b>Children's Services</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
Breast Feeding Team	01332 888121	Cardinal Square, 1st Floor, North Point, 10 Nottingham Road, Derby, DE1 3QT
Child and Family Health Centre Littleover/Mickleover	01332 868832	Cardinal Square, 10 Nottingham Road, Derby, DE1 3QT
Child and Family Health Service Area Chellaston/Melbourne	01332 861176	Coleman Street Health Centre, Derby, DE24 8NH
Child and Family Health Service Area Sinfin	01332 764012	Sinfin Health Centre, Sinfin, Derby DE24 3DS
Child and Family Health Services Aboretum/Normanton	01332 888030	Peartree Clinic, Pear Tree Road, Derby, DE23 6QD
Child and Family Health Services Rosehill Sure Start	01332 368563	Big Buiding, 17-19 Lower Dale Road, Derby, DE23 6WY
Child and Family Health Services Area Chaddesden Borrowwash Teams	01332 888109	Cardinal Square, 2nd Floor, East Point 10 Nottingham Road, Derby, DE1 3QT
Child and Family Health Services Derwent Teams	01332 288760/288 740	Revive Healthy Living Centre, Roe Farm Lane, Chaddesden, Derby, DE21 6ET
Child and Family Health Services Mackworth Team	01332 888112	Cardinal Square, 2nd Floor, East Point, 10 Nottingham Road, Derby DE1 3QT

Child and Family Health Services Oakwood/Spondon Teams	01332 715730	Suite 16, Beaufort Business Centre, Beaufort Street, Derby, DE21 2AX
Child and Family Health Services Alvaston/Boulton Team	01332 861176	Coleman Street Health Centre, Derby DE24 8NH
Child and Family Health Services Screening Team	01332 888080	Cardinal Square, 1st Floor North Point, 10 Nottingham Road, Derby, DE1 3QT
Child and Family Health Services Allestree/Darley Team	01332 888112	Cardinal Square, 2nd Floor East Point, 10 Nottingham Road, Derby, DE1 3QT
Community Paediatricians	01332 888080	Cardinal Square, 2nd Floor East Point, 10 Nottingham Road, Derby DE1 3QT
Specialist Health Visitor Team	01332 785747	Ronnie Mackeith Centre, Royal Derby Hospital, Uttoxeter Road, Derby, DE22 3NE
Nursery Nurse Co-ordinator	01332 787004	Ronnie Mackeith Centre, Royal Derby Hospital, Uttoxeter Road, Derby, DE22 3NE
Specialist Nurses for Children with Disabilities	01332 888080	Cardinal Square, 10 Nottingham Road, Derby, DE1 3QT
Childrens Physio and OT South Derbyshire	01332 888080	Cardinal Square, 10 Nottingham Road, Derby, DE1 3QT
Special School Nurses	01332 888080	Cardinal Square, 10 Nottingham Road, Derby, DE1 3QT
Light House Short Break Nurses	01332 256942	The Light House, St Marks Road, Derby, DE21 6AL
Childrens Continence Advisors	01332 888080	Cardinal Square, 10 Nottingham Road, Derby, DE1 3QT
Children in Care Nurses	01332 888040	Sinfin Health Centre, Sinfin, Derby, DE24 3DS
ADHD and Behaviour Nurses	01332 288754	Revive Healthy Living Centre, Roe Farm Lane, Chaddesden, Derby DE21 6ET

<b>Learning Disability Services</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
Acute Liaison Nurse	01332 340131 x 88611	Royal Derby Infirmery, London Road, Derby, DE1 2QY
Amber Valley Community Learning Disabilities Team	01773 546963	Alfreton Primary Care Centre, Church Street, Alfreton, Derbyshire, DE55 7AH
Dales Community Learning Disabilities Team	01335 230057	St Oswald's Hospital, Clifton Road, Ashbourne, Derbyshire, DE6 1DR
Derby City Community Learning Disabilities Team	01332 256621	St Paul's House, 14 Enterprise Way, Jubilee Business Park, Stores Road Derby, DE21 4BB
Erewash Community Learning Disabilities Team	01629 531874	Outlook, 99 Briar Gate, Long Eaton, Nottinghamshire, NG10 4BQ
Learning Disabilities Health Facilitators	01332 623708	Temple House, Mill Hill Lane, Derby, DE23 6SA
Learning Disabilities Assessment Treatment Service (ATS)	01332 623707	Specialist Services, Temple House, Mill Hill Lane, Derby, DE23 6SA
Learning Disabilities Central Base	01332 623708	Temple House, Mill Hill Lane, Derby, DE23 6SA
Learning Disabilities Intermediate Care Team	01332 623708	Temple House, Mill Hill Lane, Derby, DE23 6SA
South Derbyshire Community Learning Disabilities Team	01283 817355	Bankgate Resource Centre, Rinkgate, Business Park, 13-14 Rinkdrive, Swadlincote, Derby, DE11 8JL

<b>Child and Adolescent Mental Health Services (CAMHS)</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
CAMHS County (Amber Valley)	01773 880554	Rivermead, Goods Road, Belper, Derbyshire, DE56 1UU
CAMHS Liaison Service	01332 291794	Georgian House, Great Northern Road, Derby, DE1 1LT
Erewash CAMHS County Service	01159 464568	Century House, 100 Nottingham Road, Long Eaton, Nottinghamshire, NG10 2BZ
CAMHS County South Derbyshire	01283 214903	Ryedale, 10 Rink Drive, Swadlincote, Derbyshire, DE11 8JL
CAMHS City	01332 292724	Town House, 123-125 Green Lane, Derby, DE1 1RZ
Young Persons Specialist Service City and County	01332 866985	The Resource Centre, London Road Community Hospital, London Road, Derby, DE1 2QY
CAMHS LD County Service	01332 291794	Georgian House, Great Northern Road, Derby, DE1 1LT

<b>Substance Misuse Services</b>		
<b>Team</b>	<b>Telephone Number</b>	<b>Address</b>
Bradshaw Clinic	01332 221700	Bradshaw Clinic, 1 Charnwood Street, Derby, DE1 2GX
Breakout Substance Misuse	01332 641661	Curzon House, 8 Curzon Street, Derby DE1 1LL
Derby City Specialist Alcohol Misuse Team	01332 547900	St James House, Mansfield Road, Derby, DE1 1RZ
High Peak and Dales Community Drug Team	01629 55519	28 Bank Road, Matlock, Derbyshire DE4 3NF
Hospital Alcohol Liaison Team (HALT)	01332 786994	Mental Health Liaison Team Office, Derby Royal Hospital, Uttoxeter Road, Derby, DE22 3WQ

## Primary Care

<b>Hardwick Health Clinical Commissioning Group</b>		
<b>Practice Name</b>	<b>Address</b>	<b>Tel No.</b>
Blue Dykes Surgery	Eldon Street, Clay Cross, Chesterfield S45 9NR	01246 866771
Crags Health Care	174 Elmton Road, Creswell, Worksop S80 4DY	0844 5769436/ 01909 721623
Dr Chawla	1a Welbeck Drive, Wingerworth, Chesterfield S42 6SN	01246 276590
Emmett Carr	Abbey Place, Renishaw, Nr Sheffield S21 3TY	01246 430200
Friendly Family Surgery	Friendly Family Surgery, Welbeck Road, Bolsover, Chesterfield S44 6DE	01246 826815
Grassmoor Surgery	186 North Wingfield Road, Grassmoor, Chesterfield S42 5ED	01246 852995
Limes MC	Limes Ave, Alfreton, Derbyshire, DE55 7DW	01773 833133
North Wingfield Medical Centre	Chesterfield Road, North Wingfield, Chesterfield S42 5ND	01246 851035
St Lawrence Road Surgery	St Lawrence Road, North Wingfield, Chesterfield S42 5LH	01246 851029
Staffa Health	3 Waverley Street, Tibshelf, Alfreton DE55 5PS	0844 477 1895
Village Surgery	The Hub, Shiners Way, Off Lees Lane, South Normanton, DE55 2AA	01773 811469
Blackwell Medical Centre	6 Gloves Road, Blackwell, DE55 5JJ	0844 4771840
Shires Healthcare	18 Main Street, Shirebrook, Mansfield, Notts, NG20 8DG	01623 742464
Castle Street Medical Centre	Castle Street, Bolsover, Chesterfield S44 6PP	01246 822983
Clay Cross Medical Centre	117 High Street, Clay Cross, Chesterfield S45 9DZ	01246 862237
Creswell Medical Centre	Welbeck St, Creswell, Worksop S80 4HA	01909 721206

## Erewash Clinical Commissioning Group

<b>Practice Name</b>	<b>Address</b>	<b>Telephone Number</b>
Eden Surgery	Cavendish Road, Ilkeston, Derbyshire DE7 5AN	0115 9444081
Gladstone House Surgery	Gladstone Street West, Ilkeston, Derbyshire DE7 5QS	0115 9320248
Old Station Surgery	Heanor Road, Ilkeston, Derbyshire Queen Elizabeth Way, Kirk Hallam 196 Cotmanhay Road, Cotmanhay,	0115 9301055 0115 9325931 0115 9445145
Dr Miller & Partners	Ilkeston Health Centre, South Street, Ilkeston, Derbyshire DE7 5PZ	0115 9322968
Littlewick Medical Centre	42 Nottingham Road, Ilkeston, Derbyshire, DE7 5PR The Dales, West Hallam, Ilkeston, Derbyshire, DE7 8GR	0115 9325229 0115 9440320
Dr Webb & Partners	Ilkeston Health Centre, South Street, Ilkeston, Derbyshire DE7 5PZ	0115 9322933
Ilkeston Family Practice (WIC)	Ilkeston Community Hospital, Heanor Road, Ilkeston, Derbyshire, DE7 8LN	0115 9512496
Adam House Medical Centre	85-91 Derby Road, Sandiacre, Nottingham NG10 5HZ Hillside Surgery, 162 Nottingham Road, Stapleford, Nottingham NG9 8AR	0844 8151097 0844 8151098
Park View Medical Centre	Cranfleet Way, Long Eaton, Nottingham NG10 3RJ	0115 9462690
Golden Brook Practice	Long Eaton Health Centre, Midland Street, Long Eaton, Nottingham NG10 1NY	0115 8554200
Moir Medical Centre	Regent Street, Long Eaton, Nottingham NG10 1QQ 165 Wilmot Street, Long Eaton, NG10 3EL 2 Bank Road, Toton NG9 6HD	0844 477 1759
College Street Medical Centre	86 College Street, Long Eaton, Nottingham NG10 4NP	0115 9734502
Aitune Practice	Long Eaton Health Centre, Midland Street, Long Eaton, Nottingham NG10 1RY	0115 8554250

## North Derbyshire Clinical Commissioning Group

Practice Name	Address	Tel Number
The Springs Health Centre	Recreation Close, Clowne, Chesterfield S43 4PL	01246 819010
Moss Valley Medical Practice	Gosber Road, Eckington, Sheffield S21 4BZ	01246 439104
The Surgery @ Wheatbridge	30 Wheatbridge Road, Chesterfield S40 2AB	01246 223399
Baslow Health Centre (formerly Ashenfell)	Church Lane, Baslow, Bakewell DE45 1SP	01246 583867
Newbold Surgery	3 Windermere Road, Newbold, Chesterfield S41 8DU	01246 239828
Bakewell Medical Centre	Butts Road , Bakewell DE45 1ED	01629 814958
Holywell Medical Group, The Grange	Stubbing Road, Grangewood, Chesterfield S40 2HP	01246 293149
HMG - Holywell House Surgery	Holywell Street, Chesterfield	01246 555711
HMG - Barrowhill Medical Centre	Station Road, Barrow Hill, Chesterfield S43 2PG	01246 470546
HMG - Inkersall Medical Centre	15 Crich Road, Inkersall, Chesterfield S43 3SN	01246 280185
HMG - The Maples Medical Centre	Barnfield Close, Staveley, Chesterfield S43 3UL	01246 472309
Dronfield Medical Practice	Dronfield Medical Centre, High Street, Dronfield S18 1PY	01246 290882
Imperial Road Surgery	8 Imperial Road, Matlock DE4 3NL	01629 55708
Darley Dale Medical Centre	Leacroft Road, Winster, Matlock DE4 2DL Two Dales, Matlock DE4 2SA Alport Road, Youlegreave, Bakewell DE45 1WN	01629 734152
The Surgery	14 Main Road, Grindleford, Sheffield S30 1HN	01433 875700



The Surgery (Eyam)	Church Street, Eyam, Hope Valley S32 5QH	01433 631832
Bradwell Surgery	Westminster Bank Cottage, Netherside, Bradwell, Hope Valley S33 9JL	01298 872580
Glapwell Surgery	The Green, Glapwell, Chesterfield S44 5LW	01623 810372
The Surgery (Welbeck Road)	1b Welbeck Road, Bolsover, Chesterfield S44 6DF	01246 240781
HMG - Rectory Road Medical Centre	Rectory Road, Staveley, Chesterfield S43 3UZ	01246 471665
Whittington Moor Surgery	Scarsdale Road, Whittington Moor, Chesterfield, S41 8NA	01246 454669
Holme Hall Medical Centre	Wardgate Way, Holmehall, Chesterfield, S40 4SL	01246 211435
Avondale Surgery	3 - 5 Avondale Road, Chesterfield S40 4TF	01246 556246
Brimington Surgery	Church Street, Brimington, Chesterfield, S43 1JG	01246 556616
Chatsworth Road Medical Centre	Chatsworth Road , Brampton, Chesterfield S40 3PY	01246 567116
Oakhill Medical Practice	Oakhill Road, Dronfield S18 2EJ	01246 296903
Bradwell Surgery	Bradwell Royal British Legion, Soft Water Lane, Bradwell, Hope Valley S30 2LB	01298 872580
The New Surgery (Tideswell)	Parke Road, Tideswell, Buxton SK17 8NS	01298 872580
Litton Surgery	Litton Village Hall, Litton, Buxton SK17 8QP	01298 872580
Avenue House Surgery	109 Saltergate, Chesterfield S40 1LE	01246 556336
Stubley Medical Centre	7 Stubley Drive, Dronfield, Woodhouse, Dronfield S18 8QU	01246 299949
Killamarsh Medical Practice	209 Sheffield Road, Killamarsh, Sheffield S21 8DZ	0114 248 9380

The Surgery	Unit 4a/5a Hathersage Park, Hathersage S32 1DP	01433 621557
Evelyn Medical Centre	Marsh Avenue, Hope S33 6RJ	01433 621557
Lime Grove Medical Centre	Lime Grove Walk, Matlock DE4 3FD	01629 556616
Hasland Surgery	82 St Phillips Drive, Hasland, Chesterfield S41 0RG	01246 278008
Ashover Primary Care Centre	Milken Lane, Ashover, Chesterfield S45 0BA	01246 591528
Whittington Medical Centre	High Street, Old Whittington, Chesterfield S41 9JZ	01246 261851
Gosforth Valley Medical Practice	Gorsey Brigg, Dronfield, Woodhouse, Dronfield S18 8UE	01246 581888
The Calow and Brimington Practice	Foljambe Road, Brimington, Chesterfield S43 1DD	01246 208221
Calow & Brimington Medical Practice	12 Rose Avenue, Calow, Chesterfield S44 5TH	01246 208221
Hasland Medical Centre	1 Jepson Road, Hasland, Chesterfield S41 0NZ	01246 203645
Renishaw Medical Practice	c/o Emmett Carr Surgery, Abbey Place, Renishaw, Sheffield S21 3TY	01246 430334
Barlborough Medical Practice	7 Worksop Road, Barlborough, Chesterfield S43 4TY	01246 812293
Taddington Surgery (branch)	Bramwell Memorial Institute, Main Road, Taddington, Buxton SK17 9LD	01298 872580

### **Southern Derbyshire Clinical Commissioning Group**

<b>Practice Name</b>	<b>Address</b>	<b>Telephone Number</b>
Appletree Medical Practice	47a Town Street, Duffield, Belper, Derbyshire DE56 4GG	0844 477 3476
Arthur Medical Centre	Main Street, Horsley Woodhouse, Derbyshire DE7 6AX	01332 880249

Ashbourne Medical Practice	Clifton Road, Ashbourne, Derbyshire DE6 1DR	01335 230085
Ashbourne Surgery	Clifton Road, Ashbourne, Derbyshire DE6 1RR	01335 300588
Brailsford & Hulland Medical Centre	The Green, Brailsford, Derbyshire DE6 3BX	01335 360328
Brooklyn Medical Practice	65 Mansfield Road, Heanor, Derbyshire DE75 7AL	01773 712552
Crich Medical Practice	Bulling Lane, Crich, Derbyshire DE4 5DX	01773 852966/852035
Hannage Brook Medical Centre	Hannage Way, Wirksworth, Derbyshire DE4 4JG	01629 822434
Ivy Grove Surgery	Church Farm Primary Care Centre, Steeple Drive, Ripley, Derbyshire DE5 3TH	01773 514130
Jessop Medical Practice	24 Pennine Avenue, Riddings, Alfreton, Derbyshire DE55 4AE	01773 602707/514110
Kelvingrove Medical Centre	28 Hands Road, Heanor, Derbyshire DE75 7HA	01773 713201
Leabrooks Medical Centre	27 Swanwick Road, Leabrooks, Alfreton, Derbyshire DE55 1LJ	01773 602746
Parkside Surgery	Alfreton Primary Care Centre, Church Street, Alfreton, Derbyshire DE55 7AH	01773 546900
Ripley Medical Centre	Derby Road, Ripley, Derbyshire DE5 3HR	0844 499 4468
Riversdale Surgery	59 Bridge Street, Belper, Derbyshire DE56 1AY	01773 822386
Somercotes Medical Centre	22 Nottingham Road, Somercotes, Alfreton, Derbyshire DE55 4JJ	01773 602141
The Park Surgery	60 Ilkeston Road, Heanor, Derbyshire DE75 7DX	01773 531 011
West Hallam Medical Centre	The Village, Ilkeston, Derbyshire DE7 6GR	0115 944 0088
Whitemoor Medical Centre	Whitemoor Lane, Belper, Derbyshire DE56 0JB	08445 769200

Alvaston Medical Centre	14 Boulton Lane, Alvaston, Derby, Derbyshire DE24 0GE	08444 994770
Brook Medical Centre	183 Kedleston Road, Derby, Derbyshire DE22 1FT	01332 291991
Charnwood Surgery	5 Burton Road, Derby, Derbyshire DE1 1TH	0844 477 8585
Clarence Road Surgery	63-65 Clarence Road, Derby, Derbyshire DE23 6LR	01332 768912
Derby Family Medical Centre	1 Hastings Street, Derby, Derbyshire DE23 6QQ	01332 773243
Derby Open Access Centre	Derby Walk-In Centre, Lister House, 207 St Thomas Road, Derby DE23 8RG	01332 275610
Derwent Medical Centre	26 North Street, Derby, Derbyshire DE1 3AZ	01332 292939
Derwent Valley Medical Practice	20 St Marks Road, Derby, Derbyshire DE21 6AT	01332 224588
Friar Gate Surgery	Agard Street, Derby, Derbyshire DE1 1DZ	0844 815 1056
Hollybrook Medical Centre	Hollybrook Way, Heatherton Village, Littleover, Derby DE23 3TX	01332 523300
Macklin Street Surgery	90 Macklin Street, Derby, Derbyshire DE1 1JX	01332 340381
Mickleover Surgery	10 Cavendish Way, Mickleover, Derby, Derbyshire DE3 9BJ	01332 519160
Normanton Medical Centre	151 St Thomas Road, Derby, Derbyshire DE23 8RH	01332 765100
Osmaston Surgery	212 Osmaston Road, Derby, Derbyshire DE23 8JX	01332 346433
Park Lane Surgery	2 Park Lane, Allestree, Derby, Derbyshire DE22 2DS	01332 552461
Parkfields Surgery	1217 London Road, Alvaston, Derby, Derbyshire DE24 8QJ	0844 477 3758
Peartree Medical Centre	159 Peartree Road, Derby, Derbyshire DE23 8NQ	01332 360692

Vernon Street Medical Centre	13 Vernon Street, Derby, Derbyshire DE1 1FW	01332 332812
Wellbrook Medical Centre	Welland Road, Hilton, Derby, Derbyshire DE65 5GZ	01283 732406
Wellside Medical Centre	3 Burton Road, Derby, Derbyshire DE1 1TH	01332 737777
Wilson St Surgery	11 Wilson Street, Derby, Derbyshire DE1 1PG	01332 332628
Chapel Street Medical Centre	10 Chapel Street, Spondon, Derby, Derbyshire DE21 7RJ	0844 477 0920
Haven Medical Centre	690 Osmaston Road, Derby, Derbyshire DE24 8GT	01332 348845
Lister House Surgery	207 St Thomas Road, Derby, Derbyshire DE23 8RJ	01332 271212
Meadowfields Practice	Fellow Lands Way, Chellaston, Derby, Derbyshire DE73 6SW	01332 700455
Melbourne Healthcare Centre	Penn Lane, Melbourne, Derbyshire DE73 8EF	01332 862124
Mickleover Medical Centre	Vicarage Road, Mickleover, Derby, Derbyshire DE3 0HA	01332 513283
Oakwood Surgery	380 Bishops Drive, Oakwood, Derby, Derbyshire DE21 2DF	01332 281220
Overdale Medical Practice	207 Victoria Avenue, Borrowash, Derbyshire DE72 3HG	01332 280800
Park Farm Medical Centre	3 Park Farm Centre, Allestree, Derby, Derbyshire DE22 2QN	01332 559402
The Park Medical Practice	Maine Drive, Chaddesden, Derby, Derbyshire DE21 6LA	0844 477 3495
Village Surgery	Browning Street, Derby, Derbyshire DE23 8AL	01332 777070
Willington Surgery	4 Repton Road, Willington, Derby, Derbyshire DE65 6BX	01283 703318
Gresleydale Healthcare Centre	Glamorgan Way, Church Gresley, Swadlincote, Derbyshire DE11 9JT	01283 227870

Heartwood Medical Practice	Swadlincote Health Cntr, Civic Way, Swadlincote, Derbys, DE11 0AE	01283 818100
Newhall Surgery	46-48 High Street, Newhall, Swadlincote, Derbyshire DE11 0HU	01283 217092
Overseal Surgery	1 Hallcroft Avenue, Overseal, Swadlincote, Derbyshire DE12 6JF	01283 760595
Swadlincote Surgery	Darklands, Swadlincote, Derbyshire DE11 0PP	01283 551717
Woodville Surgery	Burton Road, Woodville, Swadlincote, Derbyshire DE11 7JG	01283 217036

### High Peak Locality (Part of North Derbyshire Clinical Commissioning Group)

Practice Name	Address	Telephone Number
Arden House Medical Practice	Arden House Surgery, 15/17 New Mills Road, Hayfield, Stockport, Cheshire, SK22 2JG	0844 499 4470
Buxton Medical Practice	2 Temple Road, Buxton, Derbyshire SK17 9BZ	01298 24105
Elmwood Medical Centre	7 Burlington Road, Buxton, Derbyshire, SK17 9AY	01298 23019
Goyt Valley Medical Practice	Chapel Street, Whaley Bridge, High Peak, Derbyshire SK237SR Eccles Road, Chapel En Le Frith, High Peak SK23 9EQ	0844 6550220
Hartington Surgery	Dig Street, Hartington, Buxton, Derbyshire SK17 0AQ	01298 84315
Sett Valley Medical Centre	Hyde Bank Road, New Mills, High Peak, SK22 4BP	01663 743483
Stewart Medical Centre	15 Hartington Road, Buxton, Derbyshire, SK17 6JP	01298 22338
Thornbrook Surgery	Thornbrook Road, Chapel-En-le-Frith, High Peak, Derbyshire, SK23 0RH	01298 812725

**NHS Derby City** Website: <http://www.derbycitypct.nhs.uk>

**NHS Derbyshire County** Website: <http://www.derbycitypct.nhs.uk>

NHS Derby City and NHS Derbyshire County are the local Primary Care Trusts (PCTs) for Derby and Derbyshire, with responsibility for health care across the whole area.

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## Local Authorities

**Amber Valley Borough Council** Town Hall, Market Place, Ripley, DE5 3BT Website: [www.ambervalley.gov.uk](http://www.ambervalley.gov.uk) Tel: (01773) 570222 Out of hours (emergencies only): (01773) 841414 Minicom: (01773) 841490 E-mail: [enquiry@ambervalley.gov.uk](mailto:enquiry@ambervalley.gov.uk)

**Bolsover District Council** Bolsover District Council, Sherwood Lodge, Bolsover, S44 6NF Telephone: 01246 242424 Fax: 01246 242423 Minicom: 01246 242450 Website: [www.bolsover.gov.uk](http://www.bolsover.gov.uk)

**Chesterfield Borough Council** Town Hall, Rosehill, Chesterfield, S40 1LP Website: [www.chesterfield.gov.uk](http://www.chesterfield.gov.uk) Tel: 01246 345 345

**Derby City Council** Saxon House, Heritage Gate, Friary Street, Derby DE1 1AN Website: [www.derby.gov.uk](http://www.derby.gov.uk) Tel: 01332 293111 Fax: 01332 643549 Minicom: 01332 256666 e-mail: [customerservices@derby.gov.uk](mailto:customerservices@derby.gov.uk)

**Derbyshire County Council** County Hall, Matlock, Derbyshire, DE4 3AG Website: [www.derbyshire.gov.uk](http://www.derbyshire.gov.uk) Call Derbyshire: 08 456 058 058 or 01629 533190 Text us: 86555 e-mail: [contactcentre@derbyshire.gov.uk](mailto:contactcentre@derbyshire.gov.uk)

**Derbyshire Dales District Council** Town Hall, Bank Rd, Matlock, DE4 3NN Web-site: [www.derbyshiredales.gov.uk](http://www.derbyshiredales.gov.uk) Tel: 01629 761 100 e-mail: [enquiries@derbyshiredales.gov.uk](mailto:enquiries@derbyshiredales.gov.uk)

**Erewash Borough Council** Town Hall, Wharnccliffe Road, Ilkeston, Derbyshire, DE7 5RP Town Hall, Derby Road, Long Eaton, Derbyshire, NG10 1HU Website: [www.erewash.gov.uk](http://www.erewash.gov.uk) email: [enquiries@erewash.gov.uk](mailto:enquiries@erewash.gov.uk) Tel: 0845 907 2244

**High Peak Borough Council** Buxton Town Hall, Market Place, Buxton, Derbyshire, SK17 6EL, Website: [www.highpeak.gov.uk](http://www.highpeak.gov.uk) Tel: enquiries - 0845 129 7 777 or 01298 28400 For out of hours emergencies please telephone 0845 129 77 77.

**North East Derbyshire District Council** Council House, Saltergate, Chesterfield, Derbyshire, S40 1LF Website: [www.ne-derbyshire.gov.uk](http://www.ne-derbyshire.gov.uk) Switchboard: 01246 231111 Clean and Green Line: 01246 217610 Council Tax and Benefits: 01246 217600

**South Derbyshire District Council** Civic Offices, Civic Way,  
Swadlincote, Derbyshire, DE11 0AH Tel: 01283 595795 Website: [www.south-derbys.gov.uk](http://www.south-derbys.gov.uk)

## Hospitals

**Chesterfield Royal Hospital Foundation Trust** Calow,  
Chesterfield, Derbyshire, S44 5BL Tel: 01246 277271 Fax: 01246 512737  
Website: [www.chesterfieldroyal.nhs.uk](http://www.chesterfieldroyal.nhs.uk)

### **Derby Hospitals NHS Foundation Trust**

**Royal Derby Hospital** Uttoxeter Road, Derby, DE22 3NE Tel: 01332 340131  
Website: [www.derbyhospitals.nhs.uk](http://www.derbyhospitals.nhs.uk)

**London Road Community Hospital Derby** London Road, Derby, DE1 2QY  
Tel: 01332 265500 Website: [www.derbyhospitals.nhs.uk](http://www.derbyhospitals.nhs.uk)

### **Derbyshire Community Health Services NHS Trust**

Website: [www.dchs.nhs.uk](http://www.dchs.nhs.uk)

**Babington Hospital**, Derby Road, Belper, Derbyshire, DE56 1WH  
Telephone: Main Hospital: 01773 824171 Offices: 01773 525099

**Bolsover Hospital**, Welbeck Road, Bolsover, Chesterfield, S44 6DH  
Telephone: 01246 827901

**Buxton Hospital**, London Road, Buxton, Derbyshire, SK17 9NJ  
Telephone: 01298 214000

**Cavendish Hospital**, Manchester Road, Buxton, Derbyshire, SK17 6TE  
Telephone: 01298 212800

**Clay Cross Hospital**, Market Street, Clay Cross, Chesterfield, S45 9DZ  
Telephone: 01246 252900

**Heanor Memorial Hospital**, Ilkeston Road, Heanor, Derbyshire, DE75 7EA  
Telephone: 01773 710711

**Ilkeston Community Hospital**, Heanor Road, Ilkeston, Derbyshire, DE7 8LN  
Telephone: 0115 9305522

**Newholme Hospital**, Baslow Road, Bakewell, Derbyshire, DE451AD  
Telephone: 01629 812525

**Ripley Community Hospital**, Sandham Lane, Ripley, Derbyshire, DE5 3HE  
Telephone: 01773 743456

**St Oswald's Hospital**, Clifton Road, Ashbourne, Derbyshire, DE6 1DR  
Telephone: 01335 230000

**Walton Hospital**, Whitecotes Lane, Chesterfield, Derbyshire, S40 3HW  
Telephone: 01246 515151

**Whitworth Hospital**, 330 Bakewell Road, Darley Dale, Matlock, DE4 2JD  
Telephone: 01629 580211



## **Derby City Services to Support Mental and Physical Health**

**Active Derbyshire** Website: [www.activederbyshire.co.uk](http://www.activederbyshire.co.uk)

Active Derbyshire is encouraging people to become a little more active. The website is a useful resource of all activities across Derbyshire to help increase physical activity. It includes local information, events, news and an online diary to help promote health.

### **ADS Addiction Dependency Solutions**

Lister house, 207 St Thomas's road, Peartree, Derby DE23 8RJ

Tel: 0800 051 5857 Website: [www.adsolutions.org.uk](http://www.adsolutions.org.uk)

Free service to anyone over 18 living in Derby who has problems with alcohol misuse.

### **Adult Community Education Derbyshire County Council**

County Hall, Matlock, Derbyshire, DE4 3AG e-mail:

[contactcentre@derbyshire.gov.uk](mailto:contactcentre@derbyshire.gov.uk) Website: [www.derbyshire.gov.uk/education](http://www.derbyshire.gov.uk/education)

### **Adult Learning Service Derby City Council**

Derby Adult Learning Service, Allen Park Centre, Allen Street, Allenton Derby, DE24 9DE Learner Helpline 01332 717900

e-mail: [enquiries@derbyals.org](mailto:enquiries@derbyals.org) Website: [www.adult-learning-derby.org.uk](http://www.adult-learning-derby.org.uk)

Adult Learning Service provides high quality education for adult learners. It aims to meet the needs of local communities and individuals, encouraging lifelong learning through partnership with other education and learning providers

**Abbey - Bemrose Community School** - Uttoxeter New Road, Derby, DE22 3HU 01332 201931

**Alvaston - First Steps Centre** - Osmaston Allenton Sure Start, 60 Cockayne Street North, Derby, DE24 8XB 01332 715620

**Arboretum - Derby Multicultural Centre** - Dairyhouse Road, Derby, DE23 8HN 01332 717940

**Boulton - Allen Park Centre** - Allen Street, Allenton, Derby, DE24 9DE 01332 642300

**Boulton - Noel Baker Community School & Language**

**College** - Bracknell Dr, Alvaston, Derby DE24 0BR 01332 572026

**Darley - Kedleston Road Centre** - 184 Kedleston Rd, Derby, DE22 1GT 01332 641180

**Darley - Rycote Centre** - Parker Street, Derby, DE1 3HF 01332 717930

**Derwent - Landau Forte College** - Fox Street, Derby, DE1 2LF  
01332 349106

**Littleover Community School** - Pastures Hill, Littleover, Derby, DE23  
7BD 01332 510746

**Normanton - Village Learning Centre** - Browning St, Derby,  
Derbyshire, DE23 8DN 01332 711371

## **Age UK - Derby & Derbyshire**

29a Market Place, Heanor, Derby, DE75 7EG

Tel No: 01773 768240 Fax: 01773 766924

e-mail: [administration@ageukderbyandderbyshire.org.uk](mailto:administration@ageukderbyandderbyshire.org.uk)

Website: [www.ageuk.org.uk/derbyandderbyshire](http://www.ageuk.org.uk/derbyandderbyshire)

We provide Information and advice, Advocacy service, Carers Connect, housing options, safeguarding for vulnerable adults, day care, footcare, falls prevention, Fit as a fiddle, Careline Telephone, Befriending, human rights group

**Alcoholics Anonymous – Derbyshire** Tel No: 0115 9417100

Website: [www.derbyshireaa.co.uk](http://www.derbyshireaa.co.uk)

## **Alzheimer's Society**

**Derby Office**, Alzheimer's Society, Building 20, Mason's Place Business Park, Nottingham Road, Derby, DE21 6AQ Tel: 01332 208845

Email: [derby@alzheimers.org.uk](mailto:derby@alzheimers.org.uk)

- **Allestree Singing for the Brain**  
Singing For The Brain
- **Befriending for People With Dementia**  
Volunteer befriending service for people with dementia
- **Dementia Support Service - County**  
Home visits by a dementia support worker to provide information, advice & support.
- **Dementia Support Service - Hospital In-Reach Royal Derby**  
Working with patients presenting with confusion on admission to Royal Derby Hospital. Working with Older People's Mental Health Liaison Team (Confusion Team).
- **Home visits**  
Home visits by a carer support worker to provide information & support.
- **Sinfin Dementia Cafe**  
Social event offering support and information

- **Spondon Singing for the Brain**  
Singing for the Brain

**Angels** Lauren's Link, Halliday House, 2 Wilson Street, Derby, DE1 1PG

Tel No: 01332 362638

e-mail: [support@laurenslink.co.uk](mailto:support@laurenslink.co.uk) Website: [www.laurenslink.co.uk](http://www.laurenslink.co.uk)

When & Where: Mon - Thur 9am -4.30pm, Fri 9am - 1pm

Affiliated to Laurens link - providing a bereavement support service for those who have lost someone through drug misuse.

**B-YOU Healthy Living Programme** Derby City Council, 1 Albion Street, Derby DE1 2PR.

Tel No: 01332 641254 e-mail: [b-you@derby.gov.uk](mailto:b-you@derby.gov.uk) Website: [www.b-you.co.uk](http://www.b-you.co.uk)

B-YOU is a personalised weight management programme for people with BMI over 30 encouraging positive lifestyle choices through individual support and a tailored plan to reduce calorie intake & physical activity.

**Bereaved Parents Support Group** United Reformed Church, Beckettwell Lane, Off Victoria Street, Derby, Tel No: 01773 827160 Fax: 01773 827160 e-mail: [dorothy.jones@kaulis.adsl24.co.uk](mailto:dorothy.jones@kaulis.adsl24.co.uk)

When & Where: Thursdays 10am-11.30am United Reformed Church, Beckettwell Lane. Derby. A Health Visitor led support group for anyone affected by the death of a child whether through miscarriage, neonatal death, sudden infant death or the death of a child or young person.

**CAMTAD (Campaign for Tackling Acquired Deafness)**

Entrance C London Rd, Comm Hosp, London Road, Derby, DE1 2QY

Tel No: 01332 258143 e-mail: [camtad@camtad.org](mailto:camtad@camtad.org)

Website: [www.camtad.org](http://www.camtad.org) When & Where: Entrance C London Road, Community Hospital Outreach Clinic for NHS hearing aid users, provide new batteries, cleaning and retubing. Demonstration of equipment to us with hearing aids. Ethnic minority hearing aid user clinics. Visits to residential and nursing homes. Home visits.

**Children First Derby**

Children First Derby, 13 Leopold Street, Derby, DE1 2HE

Tel No: 01332 341516 Fax: 01332 720637

e-mail: [childrenfirst@care4free.net](mailto:childrenfirst@care4free.net) Website: [www.childrenfirstderby.co.uk](http://www.childrenfirstderby.co.uk)

When & Where: 10.00am-5.00pm Mon to Fri own home or clients home

Trained volunteer befrienders visit parents in their own homes to offer emotional support at times of stress or crisis. The parents may have a wide range of issues including depression or anxiety.

## **Citizens Advice Bureau**

Website: [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

Advice information and support available for anyone with problems concerning housing, welfare benefits, employment/redundancy, money, consumer and legal rights, family/neighbour disputes. Helpline No: 08444 111 444

**Derby** Stuart House, Green Lane, Derby, DE1 1RS

Fax: 01332 228701 Website: [www.calcderby.org](http://www.calcderby.org)

When & Where: Mon Tue Thur Fri 10-4pm, Wed 1-7pm

## **Communication Unlimited (CU)** Flat 1 Perth House, Athlone Close,

Chaddesden, Derby, DE21 4BP Tel No: 01332 786968 Fax: 01332 786965

e-mail: [comunli@aol.com](mailto:comunli@aol.com) Website: [www.communicationunlimited.co.uk](http://www.communicationunlimited.co.uk)

The provision of quality communication services for people in Derby and Derbyshire who are deaf or who have hearing, sight, speech or manual dexterity problems.

## **Community Action Derby** 4 Charnwood Street, Derby, DE1 2GT

Tel No: 01332 346266 Fax: 01332 205069

e-mail: [enquiries@communityactionderby.org.uk](mailto:enquiries@communityactionderby.org.uk)

Website: [www.communityactionderby.org.uk](http://www.communityactionderby.org.uk)

When & Where: Mon - Thurs 9:30-4:30pm Fri 9:30-4pm

Derby CVS supports voluntary and community organisations in Derby.

Through, capacity building, recruiting and placing volunteers, training and vocational development and promoting consultation and policy involvement.

## **Cruse Bereavement Care** PO Box 800, Richmond, Surrey, TW9 1RG

Tel No: 020 8939 9530 Helpline No: 0844 477 9400

e-mail: [helpline@cruse.org.uk](mailto:helpline@cruse.org.uk) Website: [www.crusebereavementcare.org.uk](http://www.crusebereavementcare.org.uk)

When & Where: Arranged between client and counsellor

Cruse specialises in bereavement care. The aim of Cruse is primarily to offer counselling, literature and publications, which will help people through the natural process of grief.

**Derby Branch** 10 Vernon street, Derby, DE1 1FR Tel No: 01332 332098

e-mail: [derby.cruse@btinternet.com](mailto:derby.cruse@btinternet.com)

## **Department of Genito-Urinary Medicine** London Road, Derby, DE1

2QY Tel No: 01332 254681 Fax: 01332 254 872

When & Where: Please call 01332 254681 Free confidential advice, screening, counselling and testing for HIV and sexually transmitted diseases.

## **Derby 50+ Centre** Eagle Market, Derby City Centre (next to Hawkes

Travel) Tel no: 01332 347 893. The centre provides a free, central location for

access to information, advice and signposting and provides a meeting space for older people to use and socialise. Anyone 50+ and their carers

**Derby Chaddesden Centre** (next to Chaddesden Library, Chaddesden Park, Derby, Tel No: 01332 674 562 The Chaddesden Centre is for older people living in Chaddesden or Derby City. A wide variety of regular services and events, sporting clubs, social groups and occasional activities.

**Derby Depression Club** The Guinness Trust, Residents Common Room, Sidney Street, Derby, DE1 2TU Heather or David 07914 300074 (Answerphone)

[info@derbydepressionclub.org.uk](mailto:info@derbydepressionclub.org.uk) website: [www.derbydepressionclub.org.uk](http://www.derbydepressionclub.org.uk)  
Meets fortnightly on Mondays 6.00 pm to 8.00 pm Self help group for people who suffer anxiety/depression, their friends relatives and carers.

**Derby Asian Women's Training Association** 293 Normanton Road, Derby, Derbyshire, DE23 6UU

Tel No: 01332 363179 Fax: 01332 363179

When & Where: Mon - Wed 9-3.30pm. Providing educational and training opportunities for all women. Works in partnership with local colleges.

**Derby City and South Derbyshire Mental Health Carers**

**Forum** Tel No: 07504 395777 e-mail: [info@dcsdmentalhealthcarers.org](mailto:info@dcsdmentalhealthcarers.org)

Website: [www.dcsdmentalhealthcarers.org](http://www.dcsdmentalhealthcarers.org)

When & Where: Meetings Third Friday of each month 11:30-2pm DACP, 3rd floor, St Peters House, Gower Street, Derby Derbyshire Mental Health Carers is a voluntary self-help group and the members are all carers. We can offer advice, or if not we can signpost you to someone who can. We can also help you to become involved in the treatment of the person you care for.

**Derby City Partnership Board for People with Learning**

**Disabilities** Derbyshire Advocacy Service, 3rd Floor, Kelvin House, London Road, Derby, Tel No: 01332 642 749

e-mail: [dean.davis@derby.gov.uk](mailto:dean.davis@derby.gov.uk) Website: [www.derby4all.net](http://www.derby4all.net)

When & Where: Bi Monthly Revive Healthy Living Centre. Supporting 'Valuing People Now' Monitoring and ensuring people with learning disabilities are supported and services provided.

**Derby Counselling Centre** 75 Osmaston Road, Derby, DE1 2JH

Tel No: 01332 366863 e-mail: [info@stressaid.org.uk](mailto:info@stressaid.org.uk)

Website: [www.derbycounsellingcentre.co.uk](http://www.derbycounsellingcentre.co.uk)

When & Where: Tues, Wed, Thurs 10am- 9pm-Counselling by app only

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Provides counselling/therapy on a confidential 50 min appointment basis for people experiencing emotional stress caused by circumstances or relationships, and which may be manifested in anxiety, depression and physical illness.

**Derby Furniture Project** 7 John Street, Derby, DE1 2SS

Tel No: 01332 291121 Fax: 01332 203962

e-mail: [derbyfurnproj@gmx.com](mailto:derbyfurnproj@gmx.com) When & Where: Mon-Fri 8:30-3:30pm

We are here to help people in need within the Derby (UK) area by providing good quality, recycled, essential furniture, electrical goods, bedding and clothing. Referrals only

**Derby Racial Equality Council** 31 Normanton Road, Derby, DE1 2GJ

Tel No: 01332 372428 Helpline No: Fax: 01332 206289

e-mail: [diversity@derbyrec.org.uk](mailto:diversity@derbyrec.org.uk) Working in partnership with BME communities, statutory and voluntary providers of mental health services and the criminal justice system to support the development of culturally sensitive appropriate services.

**Derby Shopmobility** Westfield Derby Basement Car Park, 31 Morledge,

Derby, DE1 2AW Tel No: 01332 200320 When & Where: Monday-Saturday 9.30am-4.30pm The service supplies the free loan of battery-powered scooters and electric and manual wheelchairs to enable people with mobility problems to get around Derby. Advance booking is recommended.

**Derby Women's Centre** 4 Leopold Street, Derby, DE1 2HE

Tel No: 01332 341633 Fax: 01332 341633

e-mail: [enquiries@derbywomenscentre.co.uk](mailto:enquiries@derbywomenscentre.co.uk)

Website: [www.derbywomenscentre.org.uk](http://www.derbywomenscentre.org.uk)

When & Where: Mon - Thurs 9.30-4:30pm, Fri 9.30-4pm. An advice information and support centre for women. We offer counselling, therapies, support, pregnancy testing, legal advice, smoking cessation, art groups.

**Derbyshire Advocacy Service** Kelvin house 3rd Floor, London Road,

Derby, DE24 8UP Tel No: 01332 206505 Fax: 01332 293884

e-mail: [derbyshireadvo@btconnect.com](mailto:derbyshireadvo@btconnect.com) Website: [www.derbyshireadvocacy.com](http://www.derbyshireadvocacy.com)

Advocacy support for people with learning disabilities throughout Derbyshire.

**Derbyshire and Derby City Young Carers Service**

64/66 Beaufort Street, Chaddesden, Derby, DE21 6AY

e-mail: [youngcarers.derbyshire@actionforchildren](mailto:youngcarers.derbyshire@actionforchildren)

Website: [www.actionforchildren.org.uk](http://www.actionforchildren.org.uk) Action for Children - The young carers

service works holistically with young people under 18 years of age who have significant and regular caring responsibilities for another person.

**Derbyshire Association for the Blind** Sight Support Derby Head Office, 65-69 Nottingham Road, Derby, DE1 3QS Tel No: 01332 292262 Fax: 01332 292262 e-mail: [enquiries@sightsupportderbyshire.org.uk](mailto:enquiries@sightsupportderbyshire.org.uk) Website: [www.sightsupportderbyshire.org.uk](http://www.sightsupportderbyshire.org.uk) Helps visually impaired people in Derby City and Derbyshire to live independently. Activities include sports and leisure, outings and social events, befriending service, support to hospital patients, advice and access to special equipment.

**Derbyshire Chinese Welfare Association** 110/122 Abbey Street, Derby, DE22 3SQ Tel No: 01332 342436 e-mail: [dcwa2000s@yahoo.com](mailto:dcwa2000s@yahoo.com) When & Where: Mon - Thurs 12:30-3pm Sunday 2-5pm (Sunday School) Working with the Chinese community in Derby and Southern Derbyshire to address mental health issues through community engagement. It also provides advice and guidance on a variety of matters such as employment, training, education and cultural affairs.

**Derbyshire Housing Aid** Derbyshire Housing Aid, Phoenix Street, Derby, DE1 2ER Tel No: 01332 287850 Fax: 01332 287863 e-mail: [info@housingaid.org.uk](mailto:info@housingaid.org.uk) Website: [www.housingaid.org.uk](http://www.housingaid.org.uk) Registered charity providing advice and advocacy on housing and debt issues. We also have supported shared housing schemes for homeless people who cover a certain criteria.

**Derbyshire Independent Mental Capacity Advocacy (IMCA) Service** 3rd Floor, Kelvin House, RTC Business Park, London Road, Derby, DE24 8UP Tel No: 01332 380224 e-mail: [enquires@derbyshireimca.org.uk](mailto:enquires@derbyshireimca.org.uk) Website: [www.derbyshireimca.org.uk](http://www.derbyshireimca.org.uk) IMCA provides additional safeguards for people who lack capacity to take decisions in certain specific important situations, who are particularly vulnerable because they have no close relatives, friends or other person to help to protect their interests.

### **Derbyshire Mental Health Carers**

Website: [www.derbyshirementalhealthcarers.co.uk](http://www.derbyshirementalhealthcarers.co.uk) We are a self-help group of mental health carers and ex-carers holding forum meetings and support groups at various locations throughout Derbyshire.

### **Derby City and South Derbyshire Mental Health Carers Forum**

Tel: Vivien 0115 972 4177/Joyce 07931 722977

When & Where: Meetings Third Friday of each month 12 noon-2 pm, DACP, 3<sup>rd</sup> Floor, St Peters House, Gower Street, Derby

**Derbyshire Mind Advocacy Service** Derbyshire Mind Advocacy Service, Kingsway Hospital, Derby, DE22 3LZ Tel No: 01332 623732  
e-mail: [advocacy@derbyshiremind.org.uk](mailto:advocacy@derbyshiremind.org.uk)  
Website: [www.derbyshiremind.org.uk](http://www.derbyshiremind.org.uk)

When & Where: Available Monday - Friday Kingsway Hospital and Heanor Health Centre. Derbyshire Mind Advocacy Service provides independent individual mental health advocacy. Support is offered in relation to a person's use of or wish to access mental health services. Aged 18 years and over.

**Derbyshire Positive Support (DPS)** Derbyshire Positive Support, PO Box 124, Derby, DE1 9NZ Tel No: 01332 204 020 Fax: 01332 332 107  
e-mail: [members@derbyps.freeserve.co.uk](mailto:members@derbyps.freeserve.co.uk) Website: [www.dpsweb.org](http://www.dpsweb.org)  
When & Where: Mon - Fri 11-4pm A support group offering practical and emotional support for anyone infected/affected by HIV/AIDS. Training on prevention.

**Derbyshire Rape Crisis** PO BOX 142, Derby, DE1 1XU  
Tel No: 01332 342255 (Admin) Helpline No: 01332 372545  
e-mail: [info@drconline.org.uk](mailto:info@drconline.org.uk) Website: [www.drconline.org.uk](http://www.drconline.org.uk)  
When & Where: Mon-Fri various times (by appointment) We exist to counsel and support men, women and young people who have been raped, sexually assaulted or abused, either by a stranger or someone they know, including a member of the family at any point of their life. Leaflet available.

**Disability Direct** The Enterprise Centre, 20 Royal Scot Rd, Pride Park, Derby, DE24 8AJ Tel No: 01332 299449 Fax: 01332 365055  
e-mail: [info@disabilitydirectderby.co.uk](mailto:info@disabilitydirectderby.co.uk)  
Website: [www.disabilitydirect.com/derby](http://www.disabilitydirect.com/derby) Disability Direct is a fully accessible information and advice service. Information can be provided on most disability issues. Disability Direct produces a bi-monthly newsletter and stages local 'Information Roadshows' as well as attending local events.

**Dyslexia Action – Derby** Derby Centre, 18 The Strans, Derby, DE1 1BE  
Tel No: 01332 365359 Fax: 01332 365359  
e-mail: [derby@dyslexiaaction.org.uk](mailto:derby@dyslexiaaction.org.uk) Website: [www.dyslexiaaction.org.uk](http://www.dyslexiaaction.org.uk)  
When & Where: Mon 9-9pm Tues Wed Fri 9-4pm Thurs 9-5pm  
Dyslexia Action is a non profit organisation providing support to those affected by dyslexia and literacy difficulties, across all sectors and training providers.

**First Steps Carers Group (EDGE)** Tel No: 01332 367571 e-mail:



firststepsderby@aol.com Website: [www.firststepsderby.co.uk](http://www.firststepsderby.co.uk)

When & Where: Every Thursday from 7pm until 9pm. A group for people of all ages (EDGE) meets EVERY Thursday from 7pm until 9pm. Families and friends are welcome to go along to get support from other people in the same situation and to learn about the illness from other sufferers at varying degrees.

### **First Steps Derbyshire (Eating Disorder Support Group)**

126, Osmaston Road, Derby, DE1 2RF

Tel No: 01332 367571 Helpline No: 07725055673

e-mail: [info@firststepsderby.co.uk](mailto:info@firststepsderby.co.uk) Website: [www.firststepsderby.co.uk](http://www.firststepsderby.co.uk)

When & Where: 126 Osmaston Road, Derby. Information and Support for anyone whose life is affected by any eating difficulty or disorder, including parents and carers.

**First Steps Hyped** The Space, 12 The Spot, Osmaston Road, Derby, DE1 2JA Tel No: 01332 367571

e-mail: [info@firststepsderby.co.uk](mailto:info@firststepsderby.co.uk) Website: [www.firststepsderby.co.uk](http://www.firststepsderby.co.uk)

When & Where: Every Wednesday 6am -8pm 12 The Spot, Osmaston Road. First Steps Hyped for people aged 12-25 affected by eating disorders.

### **Faith In Action – Derby Diocese Mission and Ministry Team**

Faith In Action, Derby Church House, Full Street, Derby, DE1 3DR

Tel No: 01332 388684

e-mail: [faithinaction@derby.anglican.org](mailto:faithinaction@derby.anglican.org) Website: [www.faithinderbyshire.org](http://www.faithinderbyshire.org)

You can find information and advice on our website for various issues including debt, mental health, environment, community and carers etc.

**Football Initiative: Winning Mentality** The Winning Mentality Initiative provides football sessions, available to people in Derbyshire to promote their mental health. All of the clubs provide players the opportunity to participate in football and improve their skills & confidence.

**Derby City:** Derwent Valley Rovers FC, Power league Soccer Dome, Pride Park, Derby Tel: 01332 667575.

**Fresh Start Stop Smoking** Tel No: 01332 861174 Helpline: Tel: 0800

707 68 70 e-mail: [fresh.start@derbycitypct.nhs.uk](mailto:fresh.start@derbycitypct.nhs.uk)

Website: [www.freshstart.nhs.uk](http://www.freshstart.nhs.uk) When & Where: Across the city of Derby Advice Service and support to quit smoking. Stop smoking specialist advisor.

**Hadhari Nari Advice and Information Centre** 36 St James Road, Normanton, Derby, DE23 HQX Tel No: 01332 270101 Helpline No: 01332 270101 Fax: 01332 769790 e-mail: [advicecentre@hallmarkcommunity.org.uk](mailto:advicecentre@hallmarkcommunity.org.uk) Website: [www.womensaid.org.uk](http://www.womensaid.org.uk) When & Where: 9am to 9pm. Health Clinic for women run by local practice nurse. Provides: Women's Aid Group, Advice/Information, Support, Outreach, Counselling, Contraception.

**Hallmark Community Housing Association Ltd** 8 Charnwood Street, Derby, Derbyshire, DE1 2GT Tel No: 01332 614700 Fax: 01332 614701 Website: [www.mhp-online.co.uk](http://www.mhp-online.co.uk) When & Where: Mon-Fri 9am - 5pm Hallmark provides good quality housing, including sheltered housing, for all household types, with a particular emphasis on meeting the needs of people from the minority communities.

**Hearing Voices Network (Derby City)** 44 Leopold Street, Derby, Tel No: 01332 292740 Website: [www.hearing-voices.org.uk](http://www.hearing-voices.org.uk) When & Where: Tuesdays 3.15pm-4.30pm 44, Leopold Street, City Centre, Derby. Service - user run support group.

**Home-Start UK** The Home-Start Centre, 8-10 West Walk, Leicester, LE1 7NA Tel No: 0116 2587900 Fax: 0116 2587901 e-mail: [info@home-start.org.uk](mailto:info@home-start.org.uk) Website: [www.home-start.org.uk](http://www.home-start.org.uk) When & Where: 9-5pm Home-Start provides a unique service for families - recruiting and training volunteers to support parents with young children at home. Home Start schemes work towards the increased confidence and independence of the family.

**Derby** 152 Peartree Road, Derby, DE23 6QE Tel No: 01332 206646 Fax: 01332 206646 e-mail: [home-startderby@btconnect.com](mailto:home-startderby@btconnect.com) When & Where: Flexible Families own home. Home-Start Derby supports families in their own home with children under 5 who are experiencing difficulties by providing emotional support and practical help.

**Lauren's Link** Halliday House, 2 Wilson Street, Derby, DE1 1PG Tel No: 01332 362744 e-mail: [support@laurenslink.co.uk](mailto:support@laurenslink.co.uk) Website: [www.laurenslink.co.uk](http://www.laurenslink.co.uk) When & Where: Mon-Thurs 9-4pm Fri 9-1pm We are a Derby based registered charity which aims to provide support for families, friends and other individuals who are affected by drug abuse or alcohol misuse of someone

whom they care for.

## **LGB&T Specialist Support & Advocacy Service** The LGB&T

Pavilion Centre, 2-3 Friary Street, Derby, DE1 1JF

Tel No: 01332 207704 Fax: 01332 296876

e-mail: [info@gayderbyshire.org.uk](mailto:info@gayderbyshire.org.uk) Website: [www.gayderbyshire.org.uk](http://www.gayderbyshire.org.uk)

**Making Space** Area Manager, Suite 5, Ashover Business Centre, Matlock Road, Kelstedge, Chesterfield Tel No: 01246 592010

e-mail: [Honor.Simpson@makingspace.co.uk](mailto:Honor.Simpson@makingspace.co.uk) or [Dawn.Longdon-Whiting@makingspace.co.uk](mailto:Dawn.Longdon-Whiting@makingspace.co.uk)

Website: [www.makingspace.co.uk](http://www.makingspace.co.uk)

If you are a family member, relative, carer or friend who cares for someone with severe mental illness (who is an adult of working age), you may want to talk to your local Making Space Carer Support Co-ordinator.

### **Making Space - Derby City Dementia Support Service**

Tel No: 07843 268 126 e-mail: [Vicki.Allison@MakingSpace.co.uk](mailto:Vicki.Allison@MakingSpace.co.uk)

### **Making Space Family Support Co-ordinator - Derby City (inc BME)**

Recovery Team, St James' House, Mansfield Road, Derby, DE1 3AD

Tel No: 01332 547990 e-mail: [Kuljit.Tambur@makingspace.co.uk](mailto:Kuljit.Tambur@makingspace.co.uk)

### **Making Space - Littleover Dementia Café & Combined Support Group**

Grange Banqueting Suite, 457 Burton Road, Derby, DE23 6XX Tel No: 01332 623700 ext 3386 Last Tuesday of every month 10:15am-12:15pm.

## **Millfield House (Sexual Assault Referral Centre)** PO Box 142,

Derby, Derbyshire, DE1 1XU Tel No: 01332 342 255

Helpline No: 01332 37 25 45 Website: [www.drconline.org.uk](http://www.drconline.org.uk)

When & Where: Various times, by appointment. We exist to help provide choice and confidential support in a welcoming environment for any adult or young person following rape or sexual assault. Leaflet Available.

## **Mind – Derbyshire** 3rd Floor, Kelvin House, RTC Business Park, London

Road, Derby, DE4 8UP Tel No: 01332 345966 Fax: 01332 293884

e-mail: [enquiries@derbyshiremind.org.uk](mailto:enquiries@derbyshiremind.org.uk) Website: [www.derbyshiremind.org.uk](http://www.derbyshiremind.org.uk)

Local Mind Association affiliated to National Mind the leading mental health charity in England and Wales. Delivering a range of services to create a better life for everyone with experience of mental ill health.

## **Padley Development Centre** 68 Rutland Street, Derby, DE23 8PR

Tel No: 01332 774480 Fax: 01332 774480 e-mail: [admin@padleygroup.com](mailto:admin@padleygroup.com)

When & Where: 9am-3pm Wed/Thurs/Fri Padley Development Centre.

Offers therapeutic activities in pottery, arts & crafts, woodwork and expressive arts, pre-employment and vocational training to people from the Derby area who are disadvantaged through learning disability, mental health problems & long-term unemployment.

**PALS (Patients advice and liaison Service)** Derbyshire HCFT, Bramble House, Kingsway site, DE22 3LZ Tel No: 0800 0272128 e-mail: PALS@derbyshcft.nhs.uk Website: [www.derbyshirehealthcareft.nhs.uk](http://www.derbyshirehealthcareft.nhs.uk)  
When & Where: Mon-Fri 9am-5pm Pals can tell you about Mental Health and Learning Disability services, listen to, and support you with any problems you may have. Help you ask questions about your care. Tell you about help and support groups. PALS Officers make regular visits to wards.

**Parent Partnership - Derby City** C/o Middleton House, 27 St. Mary's Gate, Derby, DE1 3NN Tel No: 01332 641414 Fax: 01332 717645  
Website: [www.derbyshireparentpartnership.co.uk](http://www.derbyshireparentpartnership.co.uk)  
When & Where: Out of hours answer phone available. Free, confidential, impartial help, advice and support for parents and carers of children and young people with special educational needs.

**Peartree Language & Communications Service** Pear Tree Clinic, Pear Tree Road, Derby, Derbyshire, DE23 6QD Tel No: 01332 888033 Fax: 01332 888033 Website: [www.ipp.derbycitypct.nhs.uk](http://www.ipp.derbycitypct.nhs.uk)  
When & Where: 9am - 5pm Peartree Clinic. Fully trained interpreters in many languages. Urdu, Punjabi, Hindu, Gurjuri, Bosnian, Albanian, Italian, Kurdish, Arabic, Polish, Russian, Farsa, French and Turkish.

**Persian Cultural Association (PCA)** Derby, DE1 2GD Tel No: 01332 298605 e-mail: pca\_derby02@yahoo.co.uk Website: [www.derby pca.co.uk](http://www.derby pca.co.uk)  
When & Where: 119, Osmaston Road, Derby. We are a local charity based in Derby to support people in need. Our aim is to help disadvantaged groups including refugees and asylum seekers, people on low income, and unemployed.

**Psychosexual Service** Rykneld, CBT Unit, Bedford Close, Off Bedford St, Derby, DE22 3HQ Tel No: 01332 207283  
When & Where: Mon, Wed, Thurs 9am-5pm, Tues 9am-5pm, Fri 9am-4pm Rykneld, CBT Unit. Psychosexual Assessment and Treatment Service.

**Relate - Derby & Southern Derbyshire** 62 Friar Gate, Derby, DE1

1DJ Tel No: 01332 349177 Helpline No: 0808 1789363 Fax: 01332 297384  
e-mail: [info@relatederby.org.uk](mailto:info@relatederby.org.uk) Website: [www.relatederby.org.uk](http://www.relatederby.org.uk)  
When & Where: Derby City Belper (Wed am). Counselling Services:  
Relationships, Domestic Violence, Psychosexual Therapy. Families, Children  
and young people. "Safe Speak" Telephone Counselling.

**Retail Trust** Eborn House, The Leylands Estate, Broadway, Derby, DE22  
1AY Tel No: 01332 558352/541175 Helpline No: 0808 801 0808  
e-mail: [lmccay@retailtrust.org.uk](mailto:lmccay@retailtrust.org.uk) Website: [www.retailtrust.org.uk](http://www.retailtrust.org.uk)  
Provide supported housing and extra care housing.

**STEPS – Derby City Community Service** Ground Floor Office,  
Suite, 29 Charnwood Street, Derby, Derbyshire, DE1 2GU Tel: 01332 367622  
Fax: 01332 367627 e-mail: [steps.inrecovery@rethink.org](mailto:steps.inrecovery@rethink.org)  
It is our aim to help individuals with their journeys towards recovery and social  
inclusion. We will help people work towards achieving personal aims and  
aspirations, help individuals increase their personal network of support, and  
help increase their personal responsibility and self-confidence.

**Samaritans – Derby** 110 Burton Road, Derby, DE1 1TG  
Tel No: 01332 364444 Helpline No: 08457 909090  
e-mail: [jo@samaritans.org](mailto:jo@samaritans.org) Website: [www.samaritans.org/derby](http://www.samaritans.org/derby)  
When & Where: Various Times 110 Burton Road, Derby. Provide emotional  
support in confidence for those going through personal crisis, some may have  
feelings of suicide.

**Sinfin Children and Young People Centre**  
345 Sinfin Lane, Sinfin Moor, Derby DE24 9SF Tel No: 01332 718787  
e-mail: [sinfin.childrencentre@derby.gov.uk](mailto:sinfin.childrencentre@derby.gov.uk)  
Where & When: Mon-Thurs 9-3pm Closed Friday. A place where families with  
children under 5 years old can go to meet other families in their area. Health  
Visitors and Family Visitors also use children's centres so that you make  
arrangements to speak to them about any concerns you have about your child.

**Stress Aid** 75 Osmaston Road, Derby, DE1 2JH Tel No: 01332 366863  
e-mail: [info@stressaid.org.uk](mailto:info@stressaid.org.uk) Website: [www.stressaid.org.uk](http://www.stressaid.org.uk)  
Stress Aid is a confidential service for emotional stress. Whatever the cause  
of your emotional stress or relational difficulties we may well be able to help. If  
you are unsure please just ask.

## Sure Start Children's Centres

Children's centres provide a variety of advice and support for parents and carers. Their services are available to you from pregnancy right through to when your child goes into reception class at primary school.

### Derby City

- **Alvaston** - 875 London Road, Alvaston, Derby, DE24 8UZ  
Tel No: 01332 757991
- **Austin/Sunnyhill** - Homelands, Browning Street, Old Normanton, Derby, DE23 8DN Tel No: 01332 718841
- **Babington** – Stonehill Rd, Derby, DE23 6TJ Tel No: 01332 344109
- **Becket** - 35 Stockbrook Street, Derby, DE22 3WR  
Tel No: 01332 380134
- **Boulton** - 47b Holbrook Road, Alvaston, Derby, DE24 0DD  
Tel No: 01332 574902
- **Chellaston** – Maple Drive, Chellaston, Derby, DE73 6PZ  
Tel No: 01332 701086
- **Derwent** - Beaufort Community Primary School, Hampshire Road, Derby, DE21 6BT Tel No: 01332 206724
- **Mackworth/Morley** - Reigate Primary School, Reigate Drive, Mackworth, Derby, DE22 4EQ Tel No: 01332 208175
- **Mickleover/Littleover** - 50 Brierfield Way, Mickleover, Derby, DE3 9SA Tel No: 01332 518661
- **North Chaddesden** - 3 Audrey Drive, Chaddesden, Derby, DE21 4NP  
Tel No: 01332 670634
- **Oakwood** – Springwood Drive, Oakwood, Derby, DE21 2RQ  
Tel No: 01332 831965
- **Osmaston/Allenton** - 60 Cockayne Street, North Allenton, Derby, DE24 8XB Tel No: 01332 715620
- **Peartree** - Pear Tree Community Junior School, Pear Tree Street, Derby, DE23 8PN Tel No: 01332 774185
- **Rosehill** - The Big Building, 17-19 Lower Dale Road, Derby, DE23 6WY Tel No: 01332 368563
- **Sinfin** –Sinfin Lane, Sinfin Moor, Derby, DE24 9PG  
Tel No:01332 718787
- **South Caddesden** – 138 Meadow Lane Chaddesden, Derby DE21 6PB Tel No 01332:671591
- **Spondon** - Borrowash Road, Spondon, Derby, DE21 7PH  
Tel No: 01332 662323
- **West End** - Nuns Street, Derby, DE1 3LR Tel No: 01332 342647

**Treetops Hospice** Derby Road, Risley, Derbyshire, DE72 3SS

Tel No: 0115 949 1264 Fax No: 0115 939 1289

Website: [www.treetopshospice.org.uk](http://www.treetopshospice.org.uk)

Treetops Hospice provides palliative care for adults with life-limiting illnesses such as cancer, multiple sclerosis and motor neurone disease to help them achieve the best quality of life possible. We do this at our Day Care Centre in Risley or via Treetops Hospice nurses who travel across Derbyshire and Nottinghamshire providing end of life care at home.

**The Mental Health Action Group (MHAG)** The Mental Health Action Group, Room 312, Kelvin House, London Road, Derby, DE24 8UP  
Tel No: 01332 345966 ext 5

e-mail: [mhactiongroup@yahoo.co.uk](mailto:mhactiongroup@yahoo.co.uk) Website: [www.mhag.org.uk](http://www.mhag.org.uk)

When & Where: 2nd Wed of Month 1.30-4pm Various, rotating around southern Derbyshire. MHAG is an independent group run by past and present Mental Health Service users. Its purpose is to campaign for improvement in the services that people experience, both at local and national level.

**The Space** The Space@Connexions, 8 Curzon Street, Derby, DE1 1DL

Tel No: 01332 200033 e-mail: [queries.connexions@derby.gov.uk](mailto:queries.connexions@derby.gov.uk)

Website: [www.derby.gov.uk/community-and-living/](http://www.derby.gov.uk/community-and-living/)

When & Where: 8 Curzon Street, Derby. The SPACE offers information, advice, and support to people between the ages of 12 and 25. The services provided by the Project Workers include sexual health, drugs, housing, education, welfare rights, careers, training and employment, legal advice.

**Umbrella (Derby)** Derby City General Hospital, Uttoxeter Road, Derby, DE22 3NE Tel No: 01332 785658

e-mail: [umbrella@derbyhospitals.nhs.uk](mailto:umbrella@derbyhospitals.nhs.uk) Website: [www.umbrella.uk.net](http://www.umbrella.uk.net)

Supports parents and carers who have children with additional needs in Southern Derbyshire. Has various projects including information, a bilingual co-ordinator family support, specialist play and leisure, volunteer services.

**Volunteer Support In The Home** Home-Start Derby, 152 Pear Tree Road, Derby, DE23 6QE Tel No: 01332 206646 Fax: 01332 206646

e-mail: [home-startderby@btconnect.com](mailto:home-startderby@btconnect.com)

When & Where: Mon-Thurs 9am-4pm, Fri 9am-3.30pm.

One to one regular support by a trained CRB checked volunteer in the home. For families experiencing difficulties/stress. Must have a child under 5. Home visits can be arranged outside office hours.

**Women's Work - Criminal Justice Support Service** The Villa, 30

Charnwood Street, Derby, DE1 2GU

Tel No: 01332 242525 Fax: 01332 242077

e-mail: [info@womens-work.org.uk](mailto:info@womens-work.org.uk) Website: [www.womens-work.org.uk](http://www.womens-work.org.uk)

Women's work is a national award winning charity based in Derby that provides support to vulnerable women and their families who are affected by drug and alcohol problems, abuse, homelessness and offending behaviour.

The Link Family Support Service includes prevention initiatives for substance misusers and their families. Promoting health and well being through education trips, diet and exercise, improving parenting skills, delivery of the Strengthening Families Strengthening Communities programme.

**Working Links – Derby** 3rd Floor, St Peters House, Gower Street, Derby, DE1 1SB Tel No: 01332 340401

Helpline No: 0800 9179262 Website: [www.workinglinks.co.uk](http://www.workinglinks.co.uk)

When & Where: Mon 10:30-5pm Tues - Fri 9-5pm Working Links is dedicated to finding sustainable employment for long term unemployed and disadvantaged people.



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## Core Care Standards listed:

### Assessment:

- We will find out with you what your needs are

### Care planning:

- You will have a clear care plan

### Review:

- We will check that things are working for you

### Co-ordination:

- Your care will be co-ordinated

### Discharge/Transfer:

- We will make sure your transfer or discharge works well

### Families and Carers:

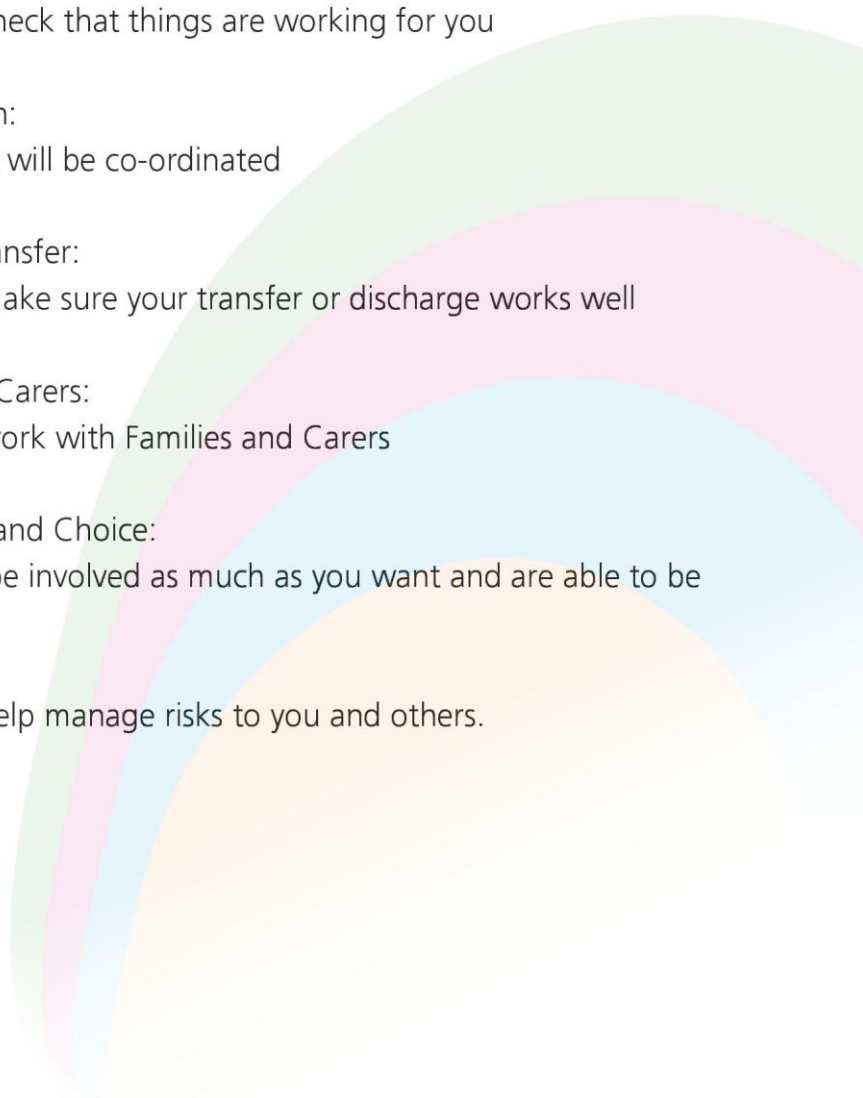
- We will work with Families and Carers

### Involvement and Choice:

- You will be involved as much as you want and are able to be

### Risk:

- We will help manage risks to you and others.



# Love Your Local NHS

Join Derbyshire Healthcare NHS Foundation Trust  
and help to shape the future of health services in Derbyshire.

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