

Learning Disabilities



Infolink

Health Resource Directory

Infolink

Health Resource Directory

for the people of Derbyshire and Derby City
Updated March 2012

INFOLINK is a mental health resource database which contains information about services, groups and activities that are available to people throughout Derbyshire and Derby City to promote good mental and physical health. The information is collected from many different sources and aims to serve as a useful tool for staff, people who use our services and their families and carers, and other organisations working in partnership.

The information included in this edition has been reviewed and updated for 2012. **INFOLINK** will be reviewed and re-issued regularly.

Updates are held on the Trust website on: www.derbyshirehealthcareft.nhs.uk/, and on our Core Care Standards Website on www.corecarestandards.co.uk

This booklet supports our Core Care Standards, which are detailed inside.

The directory is listed in alphabetical order and is easy to use. A full index can be found at the back of the directory. Inclusion in **INFOLINK** does not imply recommendation or endorsement of any particular service. It is intended as a collection of available information to help staff and out service users and their families and carers plan care.

If you would like any further information about this directory or would like further copies, or would like to amend, add or update any of the entries, please contact:

Core Care Standards and CPA Service,
The Lodge, Walton Hospital,
Whitecotes Lane, Chesterfield, Derbyshire S40 3HW
Tel/Fax: 01246 515974
Email: cpa@derbyshcft.nhs.uk

Our Core Care Standards

You will be involved as much as you want and are able to be

Services work best when the people who use them are involved in the care process. We will take into account peoples diverse needs, particularly around communication and access. The service will protect your rights, as well as those of other people, and will protect you and others from harm wherever possible.

We will always try to make sure that people are involved as much as they want and are able to be, and have choices wherever possible, but choice may be limited by the services we have been commissioned to provide.

We want to support you to make informed choices through:

- taking part in planning your own care
- considering choices to promote and facilitate your recovery
- being central to the decisions made around your care
- having information to help you make informed choices and decisions

Our Core Care Principles

We will keep information safe and share it when needed, and you will have the right information at the right time

Information For You

To make sure that patients/service users have the information they need to make choices, participate in the care process, make informed decisions, and be truly partners in care, the Trust provides a variety of information including:

- Rights and responsibilities, copies of care plans, contact information, services available, self-help information
- Signposting to relevant agencies and services where needed
- Information required by law
- Benefits and risks of different types of treatment, potential side effects of medication

Using the NHS Choices website, you can create a tailor-made information prescription for particular conditions and illnesses.

Your information prescription tells you about:

- Your condition, your treatment options,
- Care services (from equipment to help you get around the house to specialised exercise classes),

- Benefits you may be able to claim,
- Housing, and support groups.

The Link to Trust Values:



This booklet is a mini version of the Infolink Resource Directory and is intended to give information about services that can be accessed for advice, information or support with issues relating to Learning Disabilities.

Services to Support People with Learning Disabilities

Down's Syndrome Association Langdon Down Centre, 2a Langdon Park, Teddington, TW11 9PS Tel No: 020 8614 5100
e-mail: info@downs-syndrome.org.uk Website: www.downs-syndrome.org.uk
information and support for people with a learning disability - Down's Syndrome - and their families.

Derby 14 Chevin Road, Duffield, Belper, Derbyshire, DE56 4DS
Tel No: 01332 840817 Helpline No: 0845 230 0372
e-mail: projects@downs-syndrome-derby.org
Website: www.downs-syndrome-derby.org.uk Down's Syndrome Derby is a registered charity affiliated with the National Down's Syndrome Association.

Derby City Partnership Board for People with Learning Disabilities Derbyshire Advocacy Service, 3rd Floor, Kelvin House, London Road, Derby, Tel No: 01332 642 749
e-mail: dean.davis@derby.gov.uk Website: www.derby4all.net
When & Where: Bi Monthly Revive Healthy Living Centre. Supporting 'Valuing People Now' Monitoring and ensuring people with learning disabilities are supported and services provided.

Derbyshire Advocacy Service Kelvin house 3rd Floor, London Road, Derby, DE24 8UP Tel No: 01332 206505 Fax: 01332 293884
e-mail: derbyshireadv@btconnect.com Website: www.derbyshireadvocacy.com
Advocacy support for people with learning disabilities throughout Derbyshire.

Mencap 123 Golden Lane, London, EC1Y 0RT Tel No: 020 7454 0454
Helpline No: 0808 808 1111 Fax: 020 7608 3254
e-mail: information@mencap.org.uk Website: www.mencap.org.uk
Mencap is the UK's leading learning disability charity working with people with a learning disability, their families and carers.

Metropolitan Support Trust (MST) Navigation House, Unit 1, Derwent Park, 213 London Road, Derby, DE1 2SX
Tel No: 01332 334520 Fax: 01332 334536
e-mail: mst@mst-online.org.uk Website: www.mst-online.org.uk
A variety of Support Services including Accommodation based and Floating Support. Aim to provide a 24hr facility for individuals with a learning disability. To enable and assist them to live independently by providing appropriate opportunities.

National Family Carer Network c/o Hft, 5/6 Brook Office Park, Folly Brook Road, Emersons Green, Bristol, BS16 7FL Tel No: 07747460727 e-mail: info@familycarers.org.uk Website: www.familycarers.org.uk
Network that provides a focal point for issues affecting families that include an adult with a learning disability.

PALS (Patients advice and liaison Service) Derbyshire HCFT, Bramble House, Kingsway site, DE22 3LZ Tel No: 0800 0272128 e-mail: PALS@derbyshcft.nhs.uk Website: www.derbyshirehealthcareft.nhs.uk
When & Where: Mon-Fri 9am-5pm Pals can tell you about Mental Health and Learning Disability services, listen to, and support you with any problems you may have. Help you ask questions about your care. Tell you about help and support groups. PALS Officers make regular visits to wards.

Respond 3rd Floor, 24-32 Stephenson Way, London, NW1 2HD
Tel No: 020 7383 0700 Helpline No: 0808 808 0700 Fax: 020 7387 1222 e-mail: admin@respond.org.uk Website: www.respond.org.uk
When & Where: Friday 12:30-4pm. We aim to make a real difference to people with learning disabilities by providing effective and flexible support to help them to improve their lives. Respond works with children and adults with learning disabilities who have experienced abuse or trauma.

The Challenging Behaviour Foundation The Old Courthouse, New Road Avenue, Chatham, Kent, ME4 6BE
Tel No: 01634 838739 Helpline No: 0845 602 7885 e-mail: info@thecbf.org.uk Website: www.thecbf.org.uk
The Challenging Behaviour Foundation wants to see children and adults with severe learning disabilities, who are described as having challenging behaviour, having the same life opportunities as everyone else, including home life, education and leisure. All information, resources and support are free to family carers.

The Foundation for people with Learning Disabilities 1st Floor Colechurch House, 1 London Bridge Walk, London, SE1 2SX Tel No: 020 7803 1100 Fax: 020 7803 1111 Website: www.learningdisabilities.org.uk The Foundation for People with Learning Disabilities works to promote the rights, quality of life and opportunities of people with learning disabilities and their families.

Turning Point Standon House, 21 Mansell Street, London, E1 8AA
Tel No: 020 7481 7600 e-mail: info@turning-point.co.uk Website: www.turning-point.co.uk Social care organisation, providing services for people with complex needs, including those affected by drug and alcohol misuse, mental health problems and those with a learning disability.

Core Care Standards listed:

Assessment:

- We will find out with you what your needs are

Care planning:

- You will have a clear care plan

Review:

- We will check that things are working for you

Co-ordination:

- Your care will be co-ordinated

Discharge/Transfer:

- We will make sure your transfer or discharge works well

Families and Carers:

- We will work with Families and Carers

Involvement and Choice:

- You will be involved as much as you want and are able to be

Risk:

- We will help manage risks to you and others.

Love Your Local NHS

Join Derbyshire Healthcare NHS Foundation Trust
and help to shape the future of health services in Derbyshire.

Membership entitles you to benefits including
discounts at a wide range of high street stores and a
dedicated members' magazine.

Sign up now

www.loveyourlocalnhs.co.uk

Available in other languages and other formats. Please ask for a translation.

Dostupno u drugim jezicima i formatima. Molimo, zatražite prevod.

可翻譯為其他語言或用其他格式顯示。請要求獲得翻譯本。

Disponible dans d'autres langues et dans d'autres formats. Veuillez demander une traduction.

अन्य भाषाओं और अन्य प्रारूपों में उपलब्ध, कृपया अनुवाद के लिए पूछें।

可翻译为其他语言或用其他格式显示。请要求获得翻译本。

Informacje dostępne w innych językach i formatach. Prosimy zapytać o tłumaczenie.

ਦੂਜੀਆਂ ਭਾਸ਼ਾਵਾਂ ਅਤੇ ਦੂਜੇ ਫਾਰਮੈਟਾਂ ਵਿੱਚ ਉਪਲਬਧ ਹੈ। ਕ੍ਰਿਪਾ ਕਰਕੇ ਅਨੁਵਾਦ ਲਈ ਕਹੋ।

Dostupno na drugim jezicima i u drugim formatima. Molimo pitajte za prevod.

دیگر زبانوں اور صورتوں میں دستیاب ہے۔ براہ کرم ترجمے کے لیے کہیں۔