



MEMBERS' NEWS

Human Library event is a success!

In October the Trust hosted its first 'Membership Week' (5 – 9 October) to coincide with World Mental Health Day. We celebrated both by organising a Human Library event, an inclusive way to challenge mental health prejudice and stigma.

The free event was held on Friday 9 October, at the Atrium, University of Derby, and was enjoyed by more than 400.

Human Libraries challenge prejudice and discrimination through social contact. Just like in a real library, a visitor to a human library gets to choose from a range of stories – but rather than being on paper, the stories are the real-life stories of people, told by them in person. Visitors to the library are encouraged to engage with the stories by asking questions, in order to better understand them.

Among those telling their mental health stories at the human library was one of our governors and one of our members of staff, as well as people who have been supported by the charity Rethink. Over 20 organisations and charities hosted stalls in the atrium, explaining what they do and how they can help.



Dementia health information sessions: experts to team up once again in December

Dementia experts from our Trust will be hosting a dementia/Alzheimer's health information session to help equip local carers with the information they need to support loved ones to live well at home for as long as possible. The sessions have also proven to be a fantastic opportunity for carers to share practical tips and ideas with others.



The dementia question and answer session will be held on:

- Wednesday 2 December at Dovedale Day Hospital, London Road, Derby, DE1 2XX

If you are aware of any carers or individuals that have recently experienced a diagnosis of dementia, please encourage them to attend one of these free health information sessions. Further information can be found on the Trust's [Facebook page](#).

Board business

The Trust Board met on Wednesday 28 October. You can view the agenda and meeting papers on our [website](#). You can also read live tweets from the meeting on our [Twitter feed](#) – look for the hashtag #DHCFTBoard.

Items discussed at the meeting included:

- An annual report on health and safety
- An update on our information governance (IG)
- A deep dive into suicide prevention (Enclosure I, starting on p77 of the board papers).

There were also updates from the Quality Committee and Audit Committee, both of which have recently been discussing ways to improve the Raising Concerns at Work policy. Take a look at the reports and the tweets.

Trust celebrates staff at annual 'Delivering Excellence' awards

The Trust held its Delivering Excellence Awards ceremony (16 November) to celebrate some of the outstanding achievements of our staff and volunteers, who were nominated by their colleagues for their amazing work over the last year.



The shortlisted individuals were invited to attend a 1940s-themed afternoon tea ceremony at the Centre for Research & Development on the Kingsway Site, with a spread laid on by our Catering team. The inspiring and heart-warming stories about the efforts of the winners to deliver the Trust values were shared on camera by those who had taken the time to nominate them.

And the winners are...

- **Compassion in practice award:** Laura Boyle, Nursing Assistant – Cubley Court
- **Efficiency award:** Alison Reynolds, Clinical Team Manager – Derby City CAMHS
- **Innovation Award:** Claire England, Lead Nurse – Crisis Team (North)
- **Inspirational leader award:** Claire Biernacki, Service Manager – Derby City
- **Rising star award:** Louise Haywood, Lead Nurse – LD Assessment, Treatment & Support team
- **Stigma/social inclusion award:** Jackie Fleeman, Lead Strategic Health Facilitator – Learning Disabilities
- **Unsung hero award:** Liz Edward & Rachel Robinson, Cashier/Welfare Officers, Patient Banking Services
- **Volunteer award:** Kate Smith, Volunteer – Derbyshire Early Intervention Service.

Huge congratulations to all our winners and finalists for their achievements. And thank you to Computershare Voucher Services for sponsoring the winners' trophies.

To read more about the achievements of our winners, please visit the [Trust website](#).

Dates for your diary: Council of Governors meetings

The Trust's governors regularly meet the Trust's directors to discuss issues and give feedback from their constituents. These meetings are open to the public – if you would like to attend and have any special requirements, please contact the membership team on 01332 623723 or email membership@derbyshcft.nhs.uk.

Upcoming meeting:

- Tuesday 8 December 2015, 1pm - 4pm, Conference Rooms A&B, Centre for Research and Development, Kingsway Site, Derby DE22 3LZ.

A message from Erewash Multi-specialty Community Providers (MCPs) to our members:

A pioneering new approach to health and social care is now underway in Erewash. We have been chosen as one of the 'vanguard' Multi-specialty Community Providers (MCPs) to develop new care models, with the aim of

- Developing community support, rather than health and social care services
- Building resilience in our services and in communities
- Changing how we work together, what we deliver for people and what people deliver for themselves.

Our vision is for thriving communities within Erewash, where people feel confident and supported to choose a healthier lifestyle, stay well, and know how to get help and support when needed.

We want a name for our MCP which reflects this vision and which will be easy for people to recognise. Here are four options. Please email Debbie.jackson@ardengemcsu.nhs.uk by Monday 30 November with your preferred choice.

- Wellbeing Erewash

- Healthy Erewash
- Your Life Your Way
- Thriving Erewash

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